



Open Heavens 26 March 2026 Devotional & Commentary

Description

Today's Open Heavens devotional, 26 March 2026, is **TAKE CARE OF YOUR HUSBAND**

The daily devotion guide is written by Pastor E. A. Adeboye, the General Overseer of the Redeemed Christian Church of God (RCCG).

- Read: [RCCG Open Heavens 25 March 2026 Devotional](#)
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OPEN HEAVENS 26 MARCH 2026 DEVOTIONAL

TOPIC: TAKE CARE OF YOUR HUSBAND

MEMORISE:

Wives, submit yourselves unto your own husbands, as it is fit in the Lord.
Colossians 3:18

READ: Ephesians 5:22-24

22 Wives, submit yourselves unto your own husbands, as unto the Lord.

23 For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.

24 Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing.

RCCG OPEN HEAVENS DEVOTIONAL 26 MARCH 2026 MESSAGE

In today's Bible reading, wives are instructed to submit to their own husbands in everything. Part of this submission entails helping them to fulfil their God-given assignment and taking care of their needs.

Wives are helpmeets (Genesis 2:18-22) and are required to cater to their husbands' spiritual, nutritional, and emotional needs. Wives can care for their husbands spiritually by always praying for them.

A good wife should also cater to her husband's nutritional needs. It is not good for a man to be hungry and not be fed. Matthew 21:18-19 tells us that when Jesus was hungry, and He didn't find food on a fig tree, He cursed the tree. An African proverb says a hungry man is an angry man. If you don't feed your husband, you will always have an angry man at home.

Wives should also pay attention to their husbands' sexual and emotional needs. Surprisingly, some wives move from one prayer mountain to another in search of a divine intervention that will make their husbands love them more than ever before, yet they neglect their husbands' needs.

If a woman honours her husband and sees to it that she caters to his spiritual, nutritional, and sexual needs, all other things being equal, she will not need to be jumping from one prayer mountain to the other to seek his love. When a husband's needs are well catered to by his wife, all other things being equal, he will love and bless her from the bottom of his heart (Proverbs 31:28).

Some wives are very respectful towards their bosses at work and pastors in church but disrespect their husbands. Such actions do not please God. Today's memory verse states that wives should submit to their husbands in a way that is fitting unto the Lord. This means that there is a kind of 'submission' that is not fitting unto the Lord. When a wife submits to her husband in one area and hides other things from him because of her selfish ambitions and desires, it is not fitting unto the Lord.

Men generally have big egos, and a wife's total submission to her husband caters to his emotional needs and makes him feel valued. When a wife refuses to submit to her husband, she is invariably saying that she doesn't value him, and this is so terrible that it can cause her husband to develop low self-esteem.

If you are a wife, taking care of your husband is a God-given assignment; when you do it well, it will open doors of blessings to you.

PRAYER POINT

Wives should submit to their own husbands and take care of their physical, emotional, and spiritual needs.

BIBLE IN ONE YEAR

1 Samuel 15-16

[**Open Heavens HYMN 33: GUIDE ME, O THOU GREAT JEHOVAH!**](#)

OPEN HEAVENS DEVOTIONAL 26 MARCH 2026 COMMENTARY

MEMORISE: Colossians 3:18

Wives, submit to your own husbands, as is fitting in the Lord.

This verse is God's instruction to wives. It does not say women are less important than men. It does not say wives should be slaves. It says wives should submit to their own husbands. The words "as is fitting in the Lord" mean this is the right way to live as a Christian wife. When a wife submits to her husband, she is obeying God. She is also making her home peaceful and happy.

BIBLE READING: Ephesians 5:22-24

This passage explains what submission means:

Verse 22: "Wives, submit to your own husbands, as to the Lord." When a wife submits to her husband, she is also submitting to God. God gave the husband the job of leading the family.

Verse 23: "For the husband is head of the wife, as also Christ is head of the church." The husband is the leader, just as Christ is the leader of the church. This is God's plan for the family.

Verse 24: "Therefore, just as the church is subject to Christ, so let the wives be to their own husbands in everything." The church follows Christ. Wives should follow their husbands. This is not because husbands are better. It is because God made a plan for order in the home.

God's Plan for Wives: Help Your Husband and Bless Your Home

Pastor E.A. Adeboye teaches wives about their special job from God. He shows that a wife is not a servant but a "helpmeet" – someone who helps her husband succeed. When a wife does her job well, her husband will love her, her home will be peaceful, and God will bless her.

1. The Wife's Job: Helper, Not Slave

God Made Woman to Help:

- In Genesis 2:18, God said, "It is not good that man should be alone. I will make him a helper comparable to him."
- God did not make woman to be a servant. He made her to be a partner. She is meant to stand beside her husband and help him become what God wants him to be.

Help Means Many Things:

- Help him with his dreams and goals.
- Help him with his weaknesses.

- Help him to serve God better.
- Help him to be a better man.

2. Three Ways Every Wife Must Care for Her Husband

First: Care for His Spiritual Needs

- Pray for your husband every day. He needs your prayers. The enemy wants to bring him down. Your prayers protect him.
- Encourage him to serve God. Do not complain when he is busy with church work. Be his biggest supporter.
- A wife who prays for her husband builds a wall of protection around her home.

Second: Care for His Nutritional Needs

- The Bible shows us how serious this is. In Matthew 21, Jesus was hungry. He went to a fig tree looking for food. The tree had leaves but no fruit. Jesus cursed the tree.
- This teaches us something important: When a man is hungry and finds no food at home, bad things can happen.
- An African proverb says, "A hungry man is an angry man." This is true.
- If you do not feed your husband well, you will have an angry man in your house. A simple meal can save your home from many fights.

Third: Care for His Sexual and Emotional Needs

- This is very important. Some wives ignore their husband's needs but go to prayer mountains begging God to make their husbands love them more.
- This does not make sense. If you want your husband to love you, take care of his needs. When a man's needs are met at home, he will not look elsewhere.
- Proverbs 31:28 says the husband of a good wife praises her. He says, "Many women do noble things, but you surpass them all."
- A wife who meets her husband's needs does not need to beg for his love. His love will come naturally.

3. The Danger of Disrespect

Respect Everyone Else, But Not Your Husband:

- Some wives are very polite to their bosses at work. They smile and say "yes sir" and "thank you."
- They are very respectful to their pastors in church. They listen quietly and do what the pastor says.
- But at home, they speak rudely to their husbands. They ignore what he says. They roll their eyes when he talks.
- This does not please God. God sees everything. He sees how you treat your husband when no one else is watching.

Submission Must Be Real:

- Colossians 3:18 says submission must be “fitting in the Lord.” This means there is a kind of submission that is not fitting.
- If you submit in some areas but hide things from your husband because of your own plans, that is not true submission.
- If you obey him when he is watching but do what you want when he is gone, that is not true submission.
- God wants your heart to be pure. He wants you to honor your husband from the inside.

Men Have Big Egos:

- This is not a bad thing. It is how God made them. A man needs to feel valued. He needs to know his wife respects him.
- When a wife submits to her husband, she is telling him, “I value you. I trust you. You are important to me.”
- When a wife refuses to submit, she is telling him, “You are not important. I don’t value you.” This can break a man’s heart. It can even make him feel like less of a man.
- A wife has power. She can build her husband up with respect, or she can tear him down with disrespect.

4. The Reward of a Good Wife

He Will Love You More:

- When you take care of your husband’s needs, he will love you from the bottom of his heart.
- You will not need to beg for his love. You will not need to go from mountain to mountain praying for him to change. Your kindness will change him.

He Will Bless You:

- Proverbs 31:28 says, “Her children arise and call her blessed; her husband also, and he praises her.”
- A good wife is praised by her husband. He tells everyone how wonderful she is.

God Will Bless You:

- This is your assignment from God. When you do it well, God will open doors of blessing for you.
- You are not just taking care of a man. You are obeying God. And God always blesses obedience.

How to Be the Wife God Wants You to Be

Pray for Your Husband Every Day:

- Make a list of things to pray for him. Pray for his work. Pray for his health. Pray for his relationship with God. Pray for his protection.

Feed Him Well:

- Learn to cook what he likes. A good meal can change a bad day. Do not let him come home hungry to an empty kitchen.

Meet His Needs with Joy:

- Do not make him feel like a bother. Do not act like you are doing him a favor. Meet his needs with a happy heart. God loves a cheerful giver.

Respect Him Always:

- Speak kindly to him. Do not roll your eyes. Do not talk badly about him to your friends. Defend him. Honor him. Let your children see you respecting their father.

Submit from the Heart:

- Do not just obey on the outside. Let your heart be soft toward him. Trust God to lead your home through your husband.

Warning: Do Not Neglect Your Husband

Prayer Mountains Cannot Replace Good Food:

- You can pray all night, but if your husband is hungry and angry, your prayers will not fix it. Meet his needs first, then pray.

Respect for Others Cannot Replace Respect for Him:

- It is good to respect your boss and your pastor. But if you respect them more than your husband, something is wrong. Your husband should be the most respected man in your life.

Conclusion: Your Assignment, Your Blessing

Pray this:

â??Lord Jesus, I receive this teaching with a humble heart. I want to be the wife You want me to be. Forgive me for the times I have neglected my husbandâ??s needs. Forgive me for the times I have been disrespectful. Today I choose to change. Help me to care for his spiritual needs through prayer. Help me to feed him well and keep him strong. Help me to meet his emotional and physical needs with joy. Let my submission be real, from the heart. Let my respect build him up and make him feel valued. I trust You to bless our marriage as I obey Your word. In Jesusâ?? name, Amen.â?•

Things to Do:

1. **Ask Him Honestly:** This week, ask your husband, â??Do I make you feel loved and respected? Is there anything you need from me that I am not giving?â?• Listen to his answer. Do not argue. Just listen and learn.
2. **Pray for Him Daily:** Start a prayer journal for your husband. Write down one thing to pray for him each day. Pray it out loud so he can hear you sometimes.
3. **Cook His Favorite Meal:** This week, cook something special just for him. Tell him, â??I made this because I love you and I want you to be happy.â?•

4. **Check Your Respect:** Pay attention to how you talk to your husband. Are your words kind? Do you honor him in front of others? If not, ask God to help you change.

Remember: You are not just a wife. You are a helper sent by God. When you do your job well, your husband will love you, your home will be peaceful, and God will bless you.

•*House and riches are an inheritance from fathers, but a prudent wife is from the LORD.*•
(Proverbs 19:14). Be that prudent wife. It is your calling. It is your blessing.

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