

Open Heavens 20 July 2026 Today Devotional & Commentary

Description

The Open Heavens 20 July 2026 devotional for today is THE KEYS TO FREEDOM I.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- **Read:** **RCCG Open Heavens 19 July 2026 Devotional**



OPEN HEAVENS 20 JULY 2026 TODAY DEVOTIONAL

TOPIC: THE KEYS TO FREEDOM I

MEMORISE:

For he shall deliver the needy when he crieth; the poor also, and him that hath no helper.
Psalm 72:12

READ: Mark 10:46-52

46 And they came to Jericho: and as he went out of Jericho with his disciples and a great number of people, blind Bartimaeus, the son of Timaeus, sat by the highway side begging.
47 And when he heard that it was Jesus of Nazareth, he began to cry out, and say, Jesus, thou son of David, have mercy on me.
48 And many charged him that he should hold his peace: but he cried the more a great deal, Thou son of David, have mercy on me.
49 And Jesus stood still, and commanded him to be called. And they call the blind man, saying unto him, Be of good comfort, rise; he calleth thee.

50 And he, casting away his garment, rose, and came to Jesus.
51 And Jesus answered and said unto him, What wilt thou that I should do unto thee? The blind man said unto him, Lord, that I might receive my sight.
52 And Jesus said unto him, Go thy way; thy faith hath made thee whole. And immediately he received his sight, and followed Jesus in the way.

RCCG OPEN HEAVENS 20 JULY 2026 TODAY MESSAGE

God does not want anyone to be under satanâ??s yoke. This is why Jesus said, â??Come unto me, all ye that labour and are heavy laden, and I will give you restâ?• (Matthew 11:28). God is more than able to break the enemyâ??s yoke over anyone (Isaiah 10:27), but such a person must first admit that he or she needs to be delivered.

Years ago, a man brought his wife to me and said, â??Daddy, help me. My wife is a witch.â?• I asked the woman if it was true, and she denied it. I then told her that if she was indeed a witch, as her husband claimed, we could pray with her, and she would be delivered. However, she insisted that she wasnâ??t a witch because she wasnâ??t willing to be delivered. I then prayed, â??If youâ??re not a witch, you will continue to prosper; however, if you are, I bind whatever demon is operating in you.â?• Three months later, she was brought back to me with her body so swollen, as she had doubled in size! Apparently, the demon that I bound inside her and had been feeding on her and defecating in her.

The first step for someone who is under the devilâ??s yoke to become free is for the fellow to admit that there is a burden that he or she needs to be freed from. Until the fellow makes such an admission, he or she cannot be free. Likewise, if the person is okay with where he or she is and is satisfied with sickness, loneliness, barrenness, sorrow, or pain, he or she will remain under the burden of satan.

Sometime ago, a man was coughing badly, and he was brought to me for prayers. In the past, I would have gone ahead and prayed for him without asking questions, but from experience, I had learnt to ask questions. Therefore, I asked him, â??Sir, how can I help you?â?• Even though it was clear that he was sick, I knew that I needed to ask him what he really wanted, just as Jesus asked Bartimaeus what he wanted in todayâ??s Bible reading. To my surprise, the man said, â??I want you to pray that the cough leaves slowly.â?•

Beloved, are you under satanâ??s yoke in any area of your life? Admit that you need Godâ??s help and cry to Him to break it off immediately and completely.

He will come to your aid speedily and deliver you, in the mighty name of Jesus.

KEY POINT

The first step to gaining freedom from the devilâ??s yoke is to admit the need for help.

BIBLE IN ONE YEAR

Isaiah 20-24

Open Heavens HYMN 50: CONQUERORS AND OVERCOMERS NOW ARE WE

OPEN HEAVENS DEVOTIONAL 20 JULY 2026 COMMENTARY

MEMORISE: Psalm 72:12

> *â??For he shall deliver the needy when he crieth; the poor also, and him that hath no helper.â?•*

This verse reveals Godâ??s heart for the helpless.

BIBLE READING: Mark 10:46-52

This passage records the healing of blind Bartimaeus. As Jesus left Jericho with His disciples and a great crowd, Bartimaeus, a blind beggar, sat by the roadside. When he heard that Jesus of Nazareth was passing by, he began to cry out, *â??Jesus, thou Son of David, have mercy on me!â?•* Many rebuked him, telling him to be quiet, but he cried out all the more. Jesus stopped and called him. When asked, *â??What wilt thou that I should do unto thee?â?•* Bartimaeus answered, *â??Lord, that I might receive my sight.â?•* Jesus said, *â??Go thy way; thy faith hath made thee whole.â?•* Immediately, he received his sight and followed Jesus.

The First Step to Deliverance: Admitting You Need It

> *â??God does not want anyone to be under satanâ??s yoke. This is why Jesus said, â??Come unto me, all ye that labour and are heavy laden, and I will give you restâ?? (Matthew 11:28). God is more than able to break the enemyâ??s yoke over anyone (Isaiah 10:27), but such a person must first admit that he or she needs to be delivered.â?•*

Isaiah 10:27 â?? *â??And it shall come to pass in that day, that his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the anointing.â?•*

Godâ??s Power	The Condition
He is able to break every yoke	The person must admit they need deliverance
The anointing destroys burdens	But the individual must cry out
He delivers the needy	When they cry (Psalm 72:12)

Deliverance is available. But it is not automatic. Pride can keep you bound. Denial can keep you under the yoke. The first step is not a prayerâ??it is an admission.

The Woman Who Would Not Admit She Was a Witch

1. The Husbandâ??s Accusation

> *â??Years ago, a man brought his wife to me and said, â??Daddy, help me. My wife is a witch.â?? I asked the woman if it was true, and she denied it. I then told her that if she was indeed a witch, as her husband claimed, we could pray with her, and she would be delivered. However, she insisted that she wasnâ??t a witch because she wasnâ??t willing to be delivered.â?•*

The Manâ??s Claim	The Womanâ??s Response
â??My wife is a witchâ?•	â??Itâ??s not trueâ?•
She needed deliverance	She denied she had any burden
Deliverance was offered	She refused because she would not admit

She was not willing to be delivered. Not because deliverance was unavailable, but because she would not admit she needed it. Her pride, shame, or fear kept her bound.

> *â??I then prayed, â??If youâ??re not a witch, you will continue to prosper; however, if you are, I bind whatever demon is operating in you.'â?•*

Daddy Adeboye did not force deliverance on her. He prayed a conditional prayer, leaving the outcome to God.

2. The Consequence of Denial

> *â??Three months later, she was brought back to me with her body so swollen, as she had doubled in size! Apparently, the demon that I bound inside her and had been feeding on her and defecating in her.â?•*

What Happened	Why
Her body swelled to double its size	The bound demon could not leave because she would not admit
She suffered physically	Her denial kept the burden in place
She was brought back in worse condition	She finally could not hide her affliction

> *â??The first step for someone who is under the devilâ??s yoke to become free is for the fellow to admit that there is a burden that he or she needs to be freed from. Until the fellow*

makes such an admission, he or she cannot be free.â?•

Denial Keeps You Bound	Admission Opens the Door
â??I donâ??t have a problemâ?•	â??Lord, I need helpâ?•
â??Iâ??m fineâ?•	â??I am burdenedâ?•
Refusing deliverance	Crying out for deliverance
The burden remains	The burden is lifted

â??Likewise, if the person is okay with where he or she is and is satisfied with sickness, loneliness, barrenness, sorrow, or pain, he or she will remain under the burden of satan.â?•

Being Satisfied with Bondage	The Result
â??Iâ??ve learned to live with itâ?•	You never seek deliverance
â??Itâ??s not that badâ?•	You tolerate what God wants to remove
â??Maybe this is my cross to bearâ?•	You accept what the enemy has placed on you

Do not be satisfied with sickness, loneliness, barrenness, sorrow, or pain. These are not from God. They are burdens the enemy wants you to accept as normal. Refuse to be satisfied. Cry out for deliverance.

The Man Who Wanted the Cough to Leave Slowly

1. The Strange Request

â??Sometime ago, a man was coughing badly, and he was brought to me for prayers. In the past, I would have gone ahead and prayed for him without asking questions, but from experience, I had learnt to ask questions. Therefore, I asked him, â??Sir, how can I help you?â?? Even though it was clear that he was sick, I knew that I needed to ask him what he really wanted, just as Jesus asked Bartimaeus what he wanted in todayâ??s Bible reading.â?•

Jesus asked Bartimaeus, *â??What wilt thou that I should do unto thee?â?•* The answer was not obvious. He had to state his request clearly.

â??To my surprise, the man said, â??I want you to pray that the cough leaves slowly.'â?•

The Manâ??s Condition	His Request
Coughing badly	â??Pray that the cough leaves slowlyâ?•
Needed complete healing	Asked for partial, gradual relief
Could have been made whole	Preferred a slow, incomplete deliverance

He wanted to be comfortable with his burden. He did not want it removed completely. He was satisfied with partial relief rather than total freedom.

2. The Lesson

> *â??Beloved, are you under satanâ??s yoke in any area of your life? Admit that you need Godâ??s help and cry to Him to break it off immediately and completely.â?•*

Partial Deliverance	Complete Deliverance
â??Leave slowlyâ?•	â??Leave nowâ?•
â??Make it bearableâ?•	â??Remove it entirelyâ?•
â??I can tolerate a littleâ?•	â??I want total freedomâ?•

Do not be like the man who wanted his cough to leave slowly. Do not settle for partial relief. Cry out for complete deliverance.

Bartimaeus: The Model of Desperate, Specific Faith

> *â??Jesus asked Bartimaeus what he wanted. He did not assume. He did not guess. He asked the blind man to state his request.â?•*

Bartimaeusâ??s Situation	His Response
Blind for years	Cried out, â??Jesus, Son of David, have mercy on meâ?•
The crowd rebuked him	He cried out all the more
Jesus asked, â??What do you want?â?•	â??Lord, that I might receive my sightâ?•

> *â??He did not say, â??Lord, help me see a little better.â?? He did not say, â??Lord, let my eyesight improve gradually.â?? He asked for complete, immediate healing.â?•*

What He Did Not Ask	What He Asked
â??Leave me partially blindâ?•	â??Receive my sightâ?•
â??Help me cope with blindnessâ?•	â??Heal me completelyâ?•
â??Give me enough sight to get byâ?•	â??Make me wholeâ?•

Mark 10:52 â?? *â??And Jesus said unto him, Go thy way; thy faith hath made thee whole. And immediately he received his sight, and followed Jesus in the way.â?•*

The Result	The Lesson
Immediately he received his sight	Complete, instantaneous deliverance

The Result	The Lesson
He followed Jesus	Freedom led to discipleship

Bartimaeus did not ask for a slow, gradual healing. He asked for everything. And he received everything.

How to Receive Complete Deliverance (Practical Steps)

Based on Daddy Adeboyeâ??s teaching and the example of Bartimaeus, here is how to cry out to the Burden Bearer:

1. Admit That You Have a Burden

Stop pretending. Stop minimizing. Stop being satisfied with bondage. Say: *â??Lord, I am carrying a burden. I need Your help.â?•*

Instead of Sayingâ?¦	Sayâ?¦
â??Iâ??m fineâ?•	â??I am strugglingâ?•
â??Itâ??s not that badâ?•	â??This burden is heavyâ?•
â??Iâ??ll deal with it laterâ?•	â??I need deliverance nowâ?•

2. Refuse to Be Satisfied with Partial Relief

Do not ask for the cough to leave slowly. Do not ask for a little improvement. Ask for complete deliverance. Ask for everything.

3. Cry Out Specifically Like Bartimaeus

Do not pray vague prayers. Do not say, â??Lord, bless me.â?• Say: *â??Lord, remove this specific burden. Heal this specific sickness. Break this specific addiction. Deliver me from this specific oppression.â?•*

4. Cry Out Louder When the Crowd Rebukes You

The crowd told Bartimaeus to be quiet. He cried out all the more. People may tell you:

- â??Youâ??re being dramaticâ?•
- â??Itâ??s not that seriousâ?•
- â??Just live with itâ?•
- â??You donâ??t need to make a sceneâ?•

Do not listen. Cry out louder. Your deliverance depends on it.

5. Expect Immediate and Complete Freedom

Bartimaeus did not hope for gradual improvement. He expected to receive his sight immediately. Ask for immediate deliverance. Believe for complete freedom. Do not settle.

Warning: Denial and Complacency Are Chains

Daddy Adeboyeâ??s devotional carries a sobering warning: the greatest enemy of your deliverance may not be the demonâ??it may be your own denial.

Denial Says	Complacency Says
â??I donâ??t have a problemâ?•	â??I can live with this problemâ?•
â??Iâ??m not a witchâ?• (when you are)	â??Let the cough leave slowlyâ?•
â??I donâ??t need deliveranceâ?•	â??Partial relief is enoughâ?•

Both keep you bound. Both prevent you from crying out. Both are tools of the enemy.

> *â??He will come to your aid speedily and deliver you, in the mighty name of Jesus.â?•*

But He cannot deliver you if you will not admit you need deliverance. He cannot heal you if you are satisfied with sickness. He cannot free you if you will not cry out.

Conclusion: Your Prayer for Complete Deliverance

Daddy Adeboye closes with a call to admit your need and cry out to God. Do not be like the woman who denied her burden. Do not be like the man who wanted a slow healing. Be like Bartimaeusâ??desperate, specific, unwilling to be silenced, and unwilling to settle for partial relief.

Pray this:

> *â??Lord Jesus, I come to You as the Burden Bearer. You delivered Bartimaeus when he cried out. You broke every yoke for those who admitted their need. Today, I admit that I am carrying a burden. I am not satisfied with it. I do not want it to leave slowly. I do not want partial relief. I want complete deliverance. You know my burdenâ??the sickness, the addiction, the oppression, the stagnation, the loneliness, the barrenness. I cry out to You. Do not let me be silenced by the crowd. Do not let me be satisfied with half-measures. Remove this burden immediately and completely. I receive my freedom now. In Jesusâ?? mighty name.â?•*

Action Steps:

1. **The Admission Audit:** Ask yourself honestly: Is there any area where I am in denial about a burden? Any sickness I have accepted? Any addiction I have minimized? Any oppression I have learned to live with? Write it down. Admit it to God.
2. **The Specific Cry:** Take that burden and turn it into a specific prayer. Not â??Lord, help meâ?• but â??Lord, remove this specific burden completely and immediately.â?•

3. **The Bartimaeus Declaration:** Refuse to be silenced. If the enemy or the crowd tries to quiet your cry, shout louder. Say: *â??I will not be quiet until I receive my deliverance. I will not settle for partial relief. I want everything Jesus died to give me.â?•*

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