

Open Heavens 13 July 2026 Today Devotional & Commentary

Description

The Open Heavens 13 July 2026 devotional for today is SPEND QUALITY TIME WITH YOUR SPOUSE.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- **Read:** **RCCG Open Heavens 12 July 2026 Devotional**



OPEN HEAVENS 13 JULY 2026 TODAY DEVOTIONAL

TOPIC: SPEND QUALITY TIME WITH YOUR SPOUSE

MEMORISE

Live joyfully with the wife whom thou lovest all the days of the life of thy vanity, which he hath given thee under the sun, all the days of thy vanity: for that is thy portion in this life, and in thy labour which thou takest under the sun.
Ecclesiastes 9:9

READ: Proverbs 5:15-19

15 Drink waters out of thine own cistern, and running waters out of thine own well.
16 Let thy fountains be dispersed abroad, and rivers of waters in the streets.
17 Let them be only thine own, and not strangersâ?? with thee.
18 Let thy fountain be blessed: and rejoice with the wife of thy youth.
19 Let her be as the loving hind and pleasant roe; let her breasts satisfy thee at all times; and be thou ravished always with her love.

RCCG OPEN HEAVENS 13 JULY 2026 TODAY MESSAGE

I am always concerned when I see married couples who donâ??t spend quality time together. Many of such couples spend the whole day away from each other at work and only come home to sleep at night, then they are off again in the morning. Even on weekends, they either go to work again or attend other engagements without their spouses.

This ought not to be so because when you truly love someone, you will always find a way to spend quality time with him or her, and the more time you spend together, the more your love will blossom.

Years ago, a woman who was sick confessed to me that she actually didnâ??t want to be healed because when she was hale and hearty, her husband wasnâ??t spending quality time with her. However, now that she was sick, he always returned home immediately after work. Husbands and wives should not abandon their spouses because of work or any other commitment. They must spend quality time with them to build strong bonds.

Married couples must also pray together. It is unfortunate that some married couples hardly ever pray together. They may attend prayer meetings, where they spend hours praying with others, but when they return home, they are often too tired to pray together. One way that married couples can maintain strong, loving relationships with one another is by praying together regularly. Prayer strengthens marriage bonds and solidifies the love between a man and his wife.

My wife and I have been married for 59 years, and we regularly create time to laugh and have fun together. We are lovers, not just a man and a woman who are living together under one roof.

Husbands and wives should play with one another. They shouldnâ??t be so serious that they cannot spend time laughing with their spouses or making them laugh. When laughter is always heard in a home, there will be fewer reasons for friction.

Husbands and wives must be intentional about creating time for fun activities with one another that will lighten the atmosphere in their homes and fill it with joy.

Lastly, married people should take time to shower their spouses with compliments. They must not take them for granted; instead, they should seek ways to express how special they are and thank them for everything they do. I pray that God will strengthen the relationships between all men and women who are joined in holy matrimony, in Jesusâ?? name.

PRAYER POINT

Today is my loverâ??s birthday. Please join me in asking God to continually strengthen her and multiply His grace and peace in her life.

BIBLE IN ONE YEAR

Song of Solomon 1-4

Open Heavens HYMN 33: GUIDE ME, O THOU GREAT JEHOVAH!

OPEN HEAVENS DEVOTIONAL 13 JULY 2026 COMMENTARY

MEMORISE: Ecclesiastes 9:9

> *â??Live joyfully with the wife whom thou lovest all the days of the life of thy vanity, which he hath given thee under the sun, all the days of thy vanity: for that is thy portion in this life, and in thy labour which thou takest under the sun.â?•*

This verse is Godâ??s command for marital joy. Daddy Adeboye anchors todayâ??s devotional on this text because it reveals that marriage is not merely a contract or a dutyâ??it is a gift to be enjoyed. The phrase â??live joyfullyâ?• implies active, intentional pursuit of happiness together. The words â??all the daysâ?• mean this is not a temporary season but a lifelong commitment to joy. Solomon, writing from the perspective of â??vanityâ?• (the fleeting nature of life), says that joyful companionship with your spouse is your â??portionâ?•â??your allotted gift from God. To neglect this is to miss one of the few pleasures God gives under the sun.

BIBLE READING: Proverbs 5:15-19

This passage is a celebration of marital love and fidelity. It uses vivid imagery: drink water from your own cistern, running water from your own well. Let your fountain be blessed, and rejoice with the wife of your youth. She is described as a loving hind and a pleasant roeâ??graceful, desirable, delightful. The command is to let her breasts satisfy you at all times, and to be ravished always with her love.

The Concern: Married Couples Who Donâ??t Spend Time Together

1. The Modern Epidemic of Separation

> *â??I am always concerned when I see married couples who donâ??t spend quality time together. Many of such couples spend the whole day away from each other at work and only come home to sleep at night, then they are off again in the morning. Even on weekends, they either go to work again or attend other engagements without their spouses.â?•*

Consider the typical pattern:

Day	Morning	Evening	Problem
Mondayâ??Friday	Leave early for work	Return exhausted, eat, sleep	No meaningful interaction

Day	Morning	Evening	Problem
Saturday	Work, errands, engagements	Collapse from fatigue	No quality time
Sunday	Church, then rest for Monday	Prepare for the week	Missed opportunity for connection

â??This ought not to be so because when you truly love someone, you will always find a way to spend quality time with him or her, and the more time you spend together, the more your love will blossom.â?•

If You Love Someone	The Evidence
You find time	You make sacrifices to be together
You prioritize them	They are not an afterthought
You enjoy their company	Time with them is not a duty but a delight
Your love grows	Proximity and attention deepen affection

If you never spend time with your spouse, you are not loving them well. Love requires presence. Love requires attention. Love requires the investment of time.

2. The Shocking Confession of a Sick Woman

â??Years ago, a woman who was sick confessed to me that she actually didnâ??t want to be healed because when she was hale and hearty, her husband wasnâ??t spending quality time with her. However, now that she was sick, he always returned home immediately after work.â?•

This is a devastating testimony:

When She Was Healthy	When She Was Sick
Husband came home late or not at all	Husband returned immediately after work
He prioritized work and other engagements	He prioritized being with her
She felt abandoned	She felt attended to
She had no desire to return to that loneliness	She preferred sickness with attention over health with neglect

â??Husbands and wives should not abandon their spouses because of work or any other commitment. They must spend quality time with them to build strong bonds.â?•

What Happens When You Abandon Your Spouse for Work	What Happens When You Prioritize Time Together

Your spouse feels neglected, unloved, unwanted	Your spouse feels cherished, valued, secure
Your marriage becomes a roommate arrangement	Your marriage becomes a partnership of love
The enemy gains a foothold for temptation	The marriage is fortified against attack
Your children learn a poor model of marriage	Your children see love modeled and imitate it

Do not wait for a crisis to be present with your spouse. Do not force them to choose between illness with your attention and health without it. Be present now.

The Power of Praying Together

â??Married couples must also pray together. It is unfortunate that some married couples hardly ever pray together. They may attend prayer meetings, where they spend hours praying with others, but when they return home, they are often too tired to pray together.â?•

The Irony	The Tragedy
They pray for hours at church	They cannot pray five minutes together at home
They intercede for others	They neglect intercession for their own marriage
They are zealous in public	They are cold in private

â??One way that married couples can maintain strong, loving relationships with one another is by praying together regularly. Prayer strengthens marriage bonds and solidifies the love between a man and his wife.â?•

What Prayer Together Does	Why It Matters
Invites God into the center of the marriage	God becomes the third strand (Ecclesiastes 4:12)
Creates vulnerability and intimacy	You cannot pray together and remain strangers
Aligns your hearts toward the same purpose	You become â??oneâ?• in spirit as well as flesh
Defuses conflict	Hard to stay angry at someone you have just prayed with
Builds a spiritual hedge of protection	The enemy cannot easily penetrate a praying couple

Ecclesiastes 4:12 â?? *â??A threefold cord is not quickly broken.â?•* You, your spouse, and Godâ??woven together through prayerâ??form a cord that cannot be easily snapped.

Daddy Adeboyeâ??s Testimony: 59 Years of Love

â??My wife and I have been married for 59 years, and we regularly create time to laugh and have fun together. We are lovers, not just a man and a woman who are living together under one roof.â?•

What Their Marriage Is	What It Is Not
Lovers	Roommates
Partners in joy	Business partners managing a household
Intentional about fun	Serious, rigid, joyless
Laughter-filled	Tension-filled

After 59 years, Daddy Adeboye still calls his wife his lover. He still creates time for fun. He still laughs with her. This is not an accidentâ??it is intentional.

The Role of Laughter and Play

â??Husbands and wives should play with one another. They shouldnâ??t be so serious that they cannot spend time laughing with their spouses or making them laugh. When laughter is always heard in a home, there will be fewer reasons for friction.â?•

A Home with Laughter	A Home Without Laughter
Tensions are released quickly	Small irritations become big fights
Joy is present	Resentment grows
Children feel secure	Children sense the coldness
The marriage feels light	The marriage feels heavy

â??Husbands and wives must be intentional about creating time for fun activities with one another that will lighten the atmosphere in their homes and fill it with joy.â?•

Ideas for Fun Together	Why It Works
A weekly date night	Protected time for connection
Watching a comedy together	Shared laughter breaks down walls
Taking a walk or hike	Conversation flows naturally
Cooking a meal together	Collaboration and fun
Playing a board game	Friendly competition, playfulness
Traveling together (even a short trip)	New experiences create shared memories

Fun does not happen by accident. It must be intentional. Schedule it. Protect it. Prioritize it.

The Power of Compliments and Gratitude

â??Lastly, married people should take time to shower their spouses with compliments. They must not take them for granted; instead, they should seek ways to express how special they are and thank them for everything they do.â?•

Taking Your Spouse for Granted	Showering Your Spouse with Compliments
â??They know I love them; I donâ??t need to say itâ?•	You say it often, in many ways
You notice only their faults	You actively look for what to praise
You assume they will always be there	You treat each day as a gift
Thank-yous are rare	Thank-yous are frequent and specific

â??I pray that God will strengthen the relationships between all men and women who are joined in holy matrimony, in Jesusâ?? name.â?•

Practical Steps for Strengthening Your Marriage

Based on Daddy Adeboyeâ??s teaching and Scripture, here is how to build a strong, joyful, lasting marriage:

1. Prioritize Quality Time

Instead ofâ?¦	Do Thisâ?¦
Working late every night	Set a time to leave work and come home
Weekends filled with outside engagements	Block out time for your spouse first, then schedule other things
Sitting on opposite sides of the couch	Sit close. Touch. Talk. Be present.

2. Pray Together Daily

Do not let prayer be only a Sunday activity or a mealtime ritual. Pray together before bed. Pray together in the morning. Share prayer requests. Intercede for your children, your future, your challenges. Let prayer be the glue that holds you together.

3. Laugh Together Often

Find what makes your spouse laugh. Do more of that. Watch something funny together. Share a funny memory. Do not be too serious. Marriage is a giftâ??enjoy it.

4. Compliment Generously

Each day, find at least one specific thing to compliment your spouse about:

- â??Thank you for making dinner tonight.â?•
- â??You handled that situation so wisely.â?•
- â??You look beautiful/handsome today.â?•
- â??I appreciate how hard you work for our family.â?•

5. Date Your Spouse (Even After 59 Years)

Do not stop courting. Do not stop pursuing. Your spouse should never feel that the chase ended at the wedding altar. Date nights. Surprise gifts. Unexpected affection. Keep the romance alive.

Warning: Do Not Let Work Destroy Your Marriage

Daddy Adeboyeâ??s devotional carries an urgent warning: work is a thief. It steals time, attention, and affection from marriages.

Work Is a Good Servant	But It Is a Terrible Master
Provides for the family	Destroys the family when over-prioritized
Gives purpose and income	Becomes an idol when it takes Godâ??s place
Can be done with excellence	Should not be done at the expense of your spouse

The sick woman preferred her illness because it brought her husband home. That is an indictment. Do not let your spouse feel that they must compete with your job for your attentionâ??and lose.

Conclusion: Your Prayer for a Joyful Marriage

Daddy Adeboye closes with a prayer for strengthened marriages. Whether you have been married for 59 years or 59 days, commit to living joyfully with your spouse.

Pray this (for married couples):

> *â??Lord Jesus, I thank You for the gift of my spouse. Forgive me for the times I have taken my marriage for grantedâ??prioritizing work over presence, seriousness over laughter, silence over prayer, and neglect over compliments. Today, I recommit to my marriage. Help me to live joyfully with my spouse all the days of my life. Give me the discipline to pray with them, the intention to play with them, and the grace to compliment them generously. Let laughter fill our home. Let prayer strengthen our bond. Let love grow deeper with each passing year. I do not want to be a roommate; I want to be a lover. I do not want my spouse to prefer sickness because health brings neglect. I will be present. I will be intentional. I will love as Christ loves the church. In Jesusâ?? mighty name.â?•*

Action Steps (for married couples):

1. **The Time Audit:** Track how much quality time you actually spend with your spouse this week (not just in the same room, but actively engaged with each other). If it is less than 5 hours, make a plan to increase it next week.

2. **The Prayer Commitment:** Commit to praying together every day for the next 30 daysâ??at least 5 minutes. If you miss a day, do not give up; start again the next day.
3. **The Compliment Challenge:** Each day for the next week, give your spouse at least one specific compliment or expression of gratitude. Write it on a note. Say it aloud. Send it by text. Do not let a day pass without affirming them.

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