



Open Heaven 11 July 2024 Today Devotional: THE LAW OF REST

Description

The Open Heaven 11 July 2024 devotional for today is THE LAW OF REST.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- Read: [RCCG Open Heaven 10 July 2024 Devotional](#)
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OPEN HEAVEN 11 JULY 2024 TODAY DEVOTIONAL

TOPIC: THE LAW OF REST

MEMORISE

For he that is entered into his rest, he also hath ceased from his own works, as God did from his.

Hebrews 4:10

READ: Exodus 20:8-11

8 Remember the sabbath day, to keep it holy.

9 Six days shalt thou labour, and do all thy work:

10 But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

11 For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

RCCG OPEN HEAVEN 11 JULY 2024 TODAY MESSAGE

After creation, God rested on the seventh day (Genesis 2:2). How is it that the Almighty, All-powerful God needed to rest? He did not need to rest; He can never be tired. If He had been tired, then He would have been tired at least once in all the thousands of years since the earth was made.

Psalms 121:4 says that He never sleeps nor slumbers. Therefore, resting on the seventh day was not for Him but for us; He was establishing a law that we should follow for our own good – the law of rest (Exodus 34:21).

The law of rest is to be applied to your land, animals, and staff. You must not let your staff work for seven days a week; they must have at least one day to rest and be refreshed (Exodus 23:12). This is important for them to be productive the next week.

Also, you will get the best out of your farmland if you leave it to rest for one year every seven years (Leviticus 25:4). It is a law that will increase your productivity greatly.

If you think that working for seven days will bring more productivity than working for six days every week, you are wrong. There is a fast-food restaurant in the United States of America that works for only six days and is closed on Sundays.

That restaurant is one of the fastest growing fast-food restaurants in the world. Resting for one day every week greatly improves your productivity as opposed to working for seven days a week.

Working continuously without rest will damage an individual's health. Many people have died because they did not rest as they ought to.

Going against this law can bring great danger to a fellow's health and life. I was telling one of my sons about this law of rest, and he looked at me in a funny way as if to say, "You? Do you rest?" I told him that I rest, even though he may not know it.

I wouldn't be this productive if I don't rest. In fact, there are periods in the year when I don't go anywhere; I just stay in a quiet place to rest.

My body will no longer be useful to God if I damage it just because I am so zealous about the ministry that I disregard the law of rest.

OPEN HEAVEN 11 JULY 2024 KEY POINT

Work hard, but make sure you take out time to rest so you do not wear out your body.

BIBLE IN ONE YEAR

Ecclesiastes 9-12

HYMN 29

WHEN PEACE LIKE A RIVER ATTENDETH MY WAY

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