

Open Heavens 29 March 2026 Devotional & Commentary

Description

Todayâ??s Open Heavens devotional, 29 March 2026, is **THERE IS POWER IN YOUR HANDS**

The daily devotion guide is written by Pastor E. A. Adeboye, the General Overseer of the Redeemed Christian Church of God (RCCG).

- **Read:** **RCCG Open Heaven 28 March 2026 Devotional**



RCCG OPEN HEAVENS 29 MARCH 2026 DEVOTIONAL

TOPIC: THERE IS POWER IN YOUR HANDS

MEMORISE:
They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.
Mark 16:18

READ: Mark 1:40-45
40 And there came a leper to him, beseeching him, and kneeling down to him, and saying unto him, If thou wilt, thou canst make me clean.
41 And Jesus, moved with compassion, put forth his hand, and touched him, and saith unto him, I will; be thou clean.
42 And as soon as he had spoken, immediately the leprosy departed from him, and he was cleansed.
43 And he straitly charged him, and forthwith sent him away;
44 And saith unto him, See thou say nothing to any man: but go thy way, shew thyself to the priest, and offer for thy cleansing those things which Moses commanded, for a testimony unto them.
45 But he went out, and began to publish it much, and to blaze abroad the matter, insomuch that Jesus could no more openly enter into the city, but was without in desert places: and they came to him from

every quarter.

OPEN HEAVENS DEVOTIONAL 29 MARCH 2026 MESSAGE

In todayâ??s Bible reading, a leper came to Jesus, saying, â??I know that if You want to, You can make me clean.â?• In those days, leprosy was deemed incurable; however, when the man encountered Jesus, he was immediately cleansed.

In Acts 3:1-11, Peter and John saw a man who had been born lame, and Peter said to him, â??â?¦In the name of Jesus Christ of Nazareth rise up and walk.â?• When the lame man didnâ??t rise to his feet, Peter took him by his right hand and lifted him up. Immediately, the power of God flowed through Peterâ??s hands into the lame manâ??s bones, and he jumped up.

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.
John 14:12

In the Scripture above, Jesus said that anyone who believes in Him will do greater works than the ones He did while He was on earth. If you are a child of God, you must know that your heavenly Father has anointed you with His power. This means that your hands are not ordinary â?? they have become Godâ??s channel of healing, deliverance, and restoration.

Jesus Christ has paid the price for pains and sicknesses, and that is why He said in Mark 16:17-18: â??And these signs shall follow them that believe; In my name shall they cast out devilsâ?¦ they shall lay hands on the sick, and they shall recover.â?•

This means that if you are a true child of God and you lay hands on the sick, they will recover. When you lay your hands upon them, Godâ??s power will flow through your hands to heal them. I decree that from now on, when you touch the sick, they will be healed.

I usually tell Christians who are doctors, â??Before you administer medications to your patients, obtain their permission to lay hands on them, then pray for them.â?• I also tell them, â??You will encounter situations where there will be nothing more you can do for your patients medically. At those times, hand their cases over to the One who said, â??I am the Lord that healeth thee.

Beloved, if you are a child of God, your hands are powerful because they have been anointed by God. Therefore, exercise your faith in Him by laying hands on the sick for their healing, and you will begin to see special miracles happen through you.

ACTION POINT

The hands of Christians are not ordinary; they are Godâ??s channel of healing, deliverance, and restoration.

BIBLE IN ONE YEAR

1 Samuel 22-24

Open Heavens HYMN 59: I WANT TO BE LIKE JESUS

OPEN HEAVENS DEVOTIONAL 29 MARCH 2026 COMMENTARY

MEMORISE: Mark 16:18
â??They will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.â?•

This verse is a promise from Jesus Himself. He did not say this would happen for a few special people. He said it would happen for â??them that believe.â?• If you believe in Jesus, this is for you. You have the right to lay hands on the sick. And when you do, they will recover. It is not about your power. It is about His promise.

BIBLE READING: Mark 1:40-45

This story shows us how Jesus used His power to heal:
Verse 40: A man with leprosy came to Jesus. Leprosy was a terrible disease. No one could cure it. But the man had faith. He said, â??If You are willing, You can make me clean.â?•
Verse 41: Jesus was moved with compassion. He touched the man. In those days, no one touched a leper. But Jesus touched him and said, â??I am willing. Be cleansed.â?•
Verse 42: Immediately, the leprosy left him. He was healed.
Verse 43-44: Jesus told him to go to the priest and show himself, as the law commanded.
Verse 45: The man went out and told everyone what happened. He could not keep quiet.

Your Hands Are Not Ordinary

Pastor E.A. Adeboye wants you to know something amazing: your hands are special. When you became a child of God, His power came to live inside you. That means when you touch someone, Godâ??s power can flow through you. You do not need to be a pastor or a special minister. You just need to be a believer.

1. The Power Inside You

Jesus Said You Will Do Greater Works:

- John 14:12 says, â??He who believes in Me, the works that I do he will do also. And greater works than these he will do, because I go to My Father.â?•
- Think about what Jesus did. He healed the sick. He gave sight to the blind. He made the lame walk. He even raised the dead.
- Now Jesus says you will do the same things. And even greater things. This is not pride. This is His promise.

The Same Power That Raised Jesus Lives in You:

- Romans 8:11 says the Spirit who raised Jesus from the dead lives in you.
- That same power is available when you lay hands on the sick. It is not your power. It is His power flowing through you.

You Are Anointed:

- In the Old Testament, prophets and kings were anointed with oil. That showed God had chosen them for special work.
- As a child of God, you have the Holy Spirit living in you. That is your anointing. You are set apart to do Godâ??s work.

2. What Happens When You Lay Hands on the Sick

Power Flows:

- Look at Acts 3:1-11. Peter and John saw a lame man at the temple gate. Peter said, â??In the name of Jesus Christ of Nazareth, rise up and walk.â?•
- Then Peter took the man by the hand and lifted him up. Immediately, power flowed into the manâ??s feet and ankles. He jumped up and started walking.
- The power did not come from Peter. It came from Jesus. But it flowed through Peterâ??s hands.

Healing is Not Complicated:

- The leper in Mark 1 came to Jesus with a simple faith. He did not beg for hours. He just said, â??If You are willing, You can make me clean.â?•
- Jesus was willing. He touched him. And the man was healed.
- It can be that simple for you too. You do not need long prayers. You do not need special words. Just lay hands on them in faith and trust God to do the rest.

Jesus Paid for Healing:

- Sickness and pain are not from God. Jesus came to destroy the works of the devil (1 John 3:8).
- On the cross, Jesus took our pains and carried our sicknesses (Isaiah 53:4-5). Healing is already paid for. You are just collecting what He already bought.

3. Faith to Lay Hands

Start Where You Are:

- You do not need perfect faith to start. The disciples in the Bible often had small faith. But Jesus still used them.
- Begin with small things. When someone has a headache, offer to pray. When a child has a fever, lay hands on them.
- As you see God work, your faith will grow.

Do Not Be Afraid to Fail:

- What if the person does not get healed right away? That does not mean you failed. It means you keep praying.
- Sometimes healing comes slowly. Sometimes God is working in ways you cannot see. Do not give up.

Obey First, Let God Do the Rest:

- God did not say you must make them recover. He said you must lay hands on them. He will do the recovering.
- Your job is to obey. His job is to heal. Just do your part and trust Him to do His.

4. A Word for Christian Doctors

You Have Two Tools:

- Pastor Adeboye gives special advice to Christians who are doctors. You have medicine, and you have prayer. Use both.
- Before you give medicine, ask your patient if you can pray for them. Lay hands on them and ask God to heal them.

When Medicine Cannot Help:

- There will come a time when you have done all you can. The medicine is not working. The doctors have no answers.
- At that time, hand the case over to God. He is the Great Physician. He specializes in impossible cases.
- Exodus 15:26 says, â??I am the LORD who heals you.â?• He has not changed.

5. The Testimony of the Leper and the Lame Man

The Leper (Mark 1):

- He had a disease no one could cure. Society had rejected him. He had no hope.
- But he heard about Jesus. He came with faith. He was willing to be made clean.
- Jesus touched him. One touch changed everything.

The Lame Man (Acts 3):

- He was born lame. For over 40 years, he had never walked. He sat at the gate begging every day.
- Peter and John had no money to give him. But they had something better. They had the name of Jesus.
- When Peter took his hand, power flowed. Forty years of lameness ended in one moment.

The Same Power is Available to You:

- The Jesus who healed the leper is your Jesus. The power that flowed through Peter is in you.
- You can be the one who brings healing to someone who has suffered for years.

How to Use Your Anointed Hands

Believe What Jesus Said:

- Mark 16:18 says when you lay hands on the sick, they will recover. Do you believe this?
- If you believe it, act on it. Faith without action is dead.

Ask Permission:

- When you want to pray for someone, ask them first. Most people will say yes. They want to get well.
- If they are not believers, this can be a way to show them Godâ??s love.

Lay Hands and Pray:

- You do not need a long prayer. You can say, â??In the name of Jesus, I command this sickness to leave. Be healed.â?•
- Trust God to do the work. Do not worry about the words. Just pray in faith.

Keep Praying:

- If you do not see results right away, do not stop. Keep praying. Keep believing.
- Sometimes healing comes through many prayers. Do not give up.

Give Glory to God:

- When someone gets healed, do not take the credit. Point them to Jesus.
- Let them know it was His power, not yours, that healed them.

Warning: Do Not Let Doubt Stop You

Doubt is the Enemy of Miracles:

- When you doubt, you block the power. You must believe that God will do what He said.
- If doubt comes, fight it with Godâ??s word. Remind yourself of His promises.

Fear of What People Think:

- Some people are afraid to pray for others because they worry about looking foolish.
- But think of the leper. He was willing to look foolish by coming to Jesus. And he was healed.
- Think of the lame man. He was willing to be lifted up by a stranger. And he walked.

Conclusion: Your Hands Are for Healing

Pray this:
â??Lord Jesus, I thank You for the power You have given me. I thank You that Your Spirit lives in me. Forgive me for the times I have doubted. Forgive me for the times I have been afraid to use my hands to pray for the sick. Today I receive boldness. I believe Your word. When I lay hands on the sick, they will recover. I will not be afraid. I will not give up. Use me to bring healing to those who are suffering. Let

Your power flow through my hands. In Jesusâ?? name, Amen.â?•

Things to Do:

1. **Practice at Home:** Start with your family. When your child has a headache, lay hands on them and pray. When your spouse is tired, pray for them. Let healing start in your own home.
2. **Pray for One Person This Week:** Ask God to show you someone who needs healing. It could be a friend, a coworker, or someone at church. Offer to pray for them. Lay hands on them and trust God.
3. **Write Mark 16:18 on Your Hand:** For one week, write this verse on your hand or on a card you carry. Let it remind you all day: â??When I lay hands on the sick, they will recover.â?•
4. **Keep a Healing Journal:** Write down every time you pray for someone and something happens. When you look back, you will see how God has used you. This will grow your faith.

Remember: Your hands carry Godâ??s power. When you lay them on the sick, healing can flow. Do not hide your hands. Do not keep them in your pockets. Reach out and touch someone in need. God will do the rest.
â??They will lay hands on the sick, and they will recover.â?• (Mark 16:18). This is not just for pastors. This is for you. Go ahead and use your hands.

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