



Open Heaven 8 October 2025 Today Devotional & Commentary

Description

The Open Heaven 8 October 2025 devotional for today is FEED THE SPIRIT.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- Read: [RCCG Open Heaven 7 October 2025 Devotional](#)
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OPEN HEAVEN 8 OCTOBER 2025 TODAY DEVOTIONAL

TOPIC: FEED THE SPIRIT

MEMORISE:

But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Romans 8:9

READ: Galatians 5:16-18:

16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.

18 But if ye be led of the Spirit, ye are not under the law.

RCCG OPEN HEAVEN 8 OCTOBER 2025 TODAY MESSAGE

Today's Bible reading tells us that the flesh and the spirit are constantly at war, and the one we feed is the one that will win. To live above the flesh, a child of God must keep feeding and filling his or her

spirit with the word of God.

The story of Peter in Luke 22:54-62 is very sobering. He was one of the disciples whom Jesus sent to some cities and towns to preach the gospel and who returned with joy because devils were subject to them (Luke 10:17). He was also present when Jesus fed the five thousand (Mark 6:35-44) and raised Lazarus from the dead (John 11:1-44). At some point, he even walked on water (Matthew 14:28-29). As long as Peter fed his spirit, the devil couldn't touch him.

However, the moment he began to feed his ego by boasting that he would never deny Jesus (Matthew 26:34-35), he became weak spiritually. Jesus had warned Peter that the devil had targeted him to make him fall (Luke 22:31), but instead of running back to the secret place to fortify himself, he kept boasting about his inability to fall until he eventually fell.

When you don't feed your spirit, you will become vulnerable to the attacks of the enemy. You will become overly sensitive to offences and will easily get annoyed and irritated by many things.

Feeding your spirit must be a regular exercise.

In Matthew 6:34, Jesus said, "Sufficient unto the day is the evil thereof."

In other words, to overcome the evil of each day, you must feed your spirit every day. You must spend time in God's word.

Joshua 1:8 says, "This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night." You must also spend time in prayer so that you won't become a victim of the enemy.

Some pastors have become so familiar with the word that they don't see the need to study their Bibles and pray as before. They can cook up a sermon in a short time, and this makes them think they are okay spiritually. If you keep starving your spirit, it is only a matter of time before you will become dry. Don't let the devil deceive you into thinking you are okay when you are not feeding your spirit. He wants to drain you so he can conquer you.

Beloved, feed your spirit every single day by studying the word of God and fellowshiping with the Holy Spirit.

REFLECTION

Have you been feeding your spirit or your flesh?

BIBLE IN ONE YEAR

Matthew 18-20

HYMN 8: I Need Thee Every Hour

OPEN HEAVEN DEVOTIONAL 8 OCTOBER 2025 COMMENTARY

MEMORISE: Romans 8:9

“But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.”

This verse establishes the fundamental identity of the believer: we are not defined by the flesh but by the indwelling Holy Spirit. Our daily victory depends on living in agreement with this spiritual reality.

BIBLE READING: Galatians 5:16-18

This passage outlines the core conflict and the divine strategy for victory:

v. 16: The Command: **“Walk in the Spirit, and ye shall not fulfil the lust of the flesh.”**

v. 17: The Conflict: The flesh and the Spirit are in constant opposition.

v. 18: The Key: Being **led by the Spirit** is the antidote to being under the law’s condemnation.

Winning the War Within

Pastor E.A. Adeboye delivers a critical message on spiritual maintenance, using the sobering example of Peter to illustrate a universal truth: past anointing is no guarantee against present failure. Sustained victory requires daily, intentional nourishment of our inner man.

The Principle of Spiritual Nourishment

The war between the flesh and the spirit is won not by willpower but by nourishment. The nature you feed most will dominate your life. A starving spirit will always be overpowered by a well-fed flesh.

The Case Study of Peter: From Power to Failure

- **The Fed Spirit (The Season of Power):**

When Peter’s spirit was consistently fed through intimate fellowship with Christ, he operated in incredible power: preaching with authority, walking on water, and receiving divine revelation (Matthew 16:17). His spirit was strong and dominant.

- **The Starved Spirit (The Path to Failure):**

Peter’s decline began when he shifted from feeding his spirit to feeding his flesh—specifically, his ego and self-confidence (Matthew 26:33-35). He neglected Jesus’s specific warning (Luke 22:31) and the instruction to “watch and pray” (Matthew 26:41). A starved spirit leads to:

- Spiritual vulnerability to enemy attacks.
- Oversensitivity and irritability.
- Ultimate denial of Christ under pressure.

How to Feed Your Spirit Daily

1. Consistent Intake of God's Word:

This is not for sermon preparation but for personal nourishment. Meditation (Joshua 1:8) is the process of digesting Scripture so it becomes part of your spiritual DNA, providing strength and wisdom for daily challenges.

2. Persistent Prayer and Fellowship:

Prayer is not a monologue but a dialogue. It is fellowship with the Holy Spirit that strengthens your inner man (Jude 1:20) and keeps you sensitive to His leading, ensuring you are led by the Spirit and not driven by the flesh.

3. Guard Against Familiarity:

The danger for pastors and long-time believers is familiarity—the feeling that you know enough. This deception leads to a neglected spiritual diet, resulting in dryness and eventual failure. Never substitute sermon preparation for personal devotion.

The Consequences of a Starved Spirit

- **Spiritual Dryness:** A lack of freshness and vitality in your relationship with God.
- **Increased Vulnerability:** Inability to withstand temptation and enemy attacks.
- **Carnal Behavior:** Manifesting the works of the flesh (Galatians 5:19-21) such as anger, jealousy, and strife.
- **Ministry Without Power:** Performing religious duties without the accompanying life-changing power of God.

The Call to Daily Discipline

Pray this:

“Holy Spirit, my Helper, I acknowledge my total dependence on You. Forgive me for every time I have neglected my spirit and fed my flesh. From this day forward, I commit to a daily diet of Your Word and prayer. Stir in me a relentless hunger for You. Lead me and empower me so that I will not fulfill the lusts of the flesh, but will walk in daily victory, for Your glory. Amen.”

Action Steps:

1. **Schedule Daily Feeding Time:** Treat your prayer and Bible study time as a non-negotiable appointment with God.
2. **Meditate, Don't Just Read:** Choose a verse or short passage each day and chew on it throughout the day. Ask: What is God saying to me?
3. **Fast Regularly:** Deny your flesh to strengthen your spirit. This could be a meal, a form of entertainment, or social media.
4. **Accountability:** Share your commitment with a spiritual partner who can encourage you and hold you accountable.

Remember: You are not in the flesh but in the Spirit. Live like it. Feed the right nature. Today's evil requires today's spiritual meal. Do not let yesterday's manna suffice for today's battle.

“Walk in the Spirit, and ye shall not fulfil the lust of the flesh.” (Galatians 5:16). **This is both a command and a promise.** Obey it and claim it.

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