



Open Heaven 16 October 2025 Today Devotional & Commentary

Description

The Open Heaven 16 October 2025 devotional for today is **NO MORE ANGER**.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

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OPEN HEAVEN 16 OCTOBER 2025 TODAY DEVOTIONAL

TOPIC: NO MORE ANGER

MEMORISE:

Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil.
Ephesians 4:26-27

READ: James 1:19-20:

19 Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath:
20 For the wrath of man worketh not the righteousness of God.

RCCG OPEN HEAVEN 16 OCTOBER 2025 TODAY MESSAGE

Ecclesiastes 7:9 says that anger rests in the bosom of fools. In other words, if a fellow gets angry easily, he or she is similar to someone who says there is no God â?? they are both fools (Psalm 14:1). Those who get angry easily often blame other people as the cause of their anger. If this is the case, then it means that they allow the people who offend them to control their emotions.

Proverbs 25:28 says that a person who is not in control of his spirit is like a city that has no walls. If you allow others to control how you feel, then you are in great danger of destruction.

Proverbs 29:22 says, “An angry man stirreth up strife, and a furious man aboundeth in transgression.” Anyone who gets angry easily will hardly have friends because he or she will always stir up strife with them. Things that shouldn’t ordinarily cause quarrels would become big issues because of the fellow’s short temper.

A man once bought a brand-new car, and one day, while he was washing it, his five-year-old son was on the other side of the car, writing something on it with a sharp object. When the man discovered this, he got very angry and shouted, “This boy! You are scratching my new car!” In his anger, he grabbed the first thing he could lay his hands on – a hammer. He then began to smash the boy’s hands. By the time he realised what he was doing, the boy’s fingers had already been severely damaged.

He rushed the boy to the hospital, but the doctors could not do anything about the fingers, and they had to be amputated. The following day, the boy asked him, “Daddy, when will my fingers grow back?” Feeling guilty, the man went to the car and looked at what the boy had written on it. Lo and behold, it was, “I love you, Daddy”. The man could not bear the pain he felt thereafter, so he committed suicide. His anger wreaked havoc on the family.

Beloved, if you allow anger to control you, you are giving room to the devil (Ephesians 4:27), and whenever he gets into a place, his mission is to steal, kill, and destroy (John 10:10). If you are always quick to get angry or you can’t control your anger, ask God to deliver you today. Constantly renew your mind with His word and submit yourself to counselling so that you can overcome the destructive power of anger.

KEY POINT:

Do not give room to the devil in your life by allowing anger to control you.

BIBLE IN ONE YEAR

Mark 8-9

HYMN 59: I WANT TO BE LIKE JESUS

OPEN HEAVEN DEVOTIONAL 16 OCTOBER 2025 COMMENTARY

MEMORISE: Ephesians 4:26-27

Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil.

This scripture provides a divine framework for emotion. It acknowledges that anger itself is not the sin; it is the mishandling of it that leads to sin. The critical commands are to resolve it quickly and to never, ever grant it as a foothold to the enemy.

BIBLE READING: James 1:19-20

This passage offers God's alternative to destructive anger:

v. 19: The Command: **Be swift to hear, slow to speak, slow to wrath.**

v. 20: The Reason: **For the wrath of man worketh not the righteousness of God.**

Human anger is counterproductive to God's purposes; it is never a tool for achieving His righteous ends.

The Destructive Folly of Uncontrolled Anger

Pastor E.A. Adeboye delivers a sobering and powerful message on one of the most destructive forces in human relationships: unchecked anger. Using a heartbreaking illustration, he reveals that uncontrolled anger is not a sign of strength but of spiritual folly and vulnerability, giving the devil a direct gateway to steal, kill, and destroy.

The Biblical Diagnosis of Anger

- **A Sign of Foolishness (Ecclesiastes 7:9):** Scripture equates a person who harbors anger with a fool who says there is no God (Psalm 14:1). Both reject God's sovereignty—the fool by denying His existence, and the angry person by refusing to submit their emotions to His control.
- **A Form of Self-Sabotage (Proverbs 25:28):** A person without self-control is like a city with broken-down walls, utterly defenseless against enemy attacks. By allowing others to control their emotions, they leave themselves open to spiritual, emotional, and even physical destruction.
- **A Catalyst for Sin (Proverbs 29:22):** An angry person stirs up strife and abounds in transgression. Anger is rarely an isolated sin; it is a spark that ignites a chain reaction of other sins—bitterness, malice, slander, and even violence.

How Anger Gives Place to the Devil (Ephesians 4:27)

The enemy actively looks for entry points. Unresolved anger is a wide-open door that allows him to:

1. **Steal** your peace, joy, and relationships.
2. **Kill** your testimony, influence, and love for others.
3. **Destroy** your family, health, and future—as tragically illustrated in the story of the man and his son.

The Godly Path to Overcoming Anger

1. Be Swift to Hear, Slow to Speak (James 1:19):

This is the preventative measure. Instead of reacting instantly, pause to listen and seek understanding.

Many moments of anger are diffused by simply hearing the full story.

2. Resolve It Before Sunset (Ephesians 4:26):

Do not let anger fester. Address the issue biblically (Matthew 18:15) and forgive quickly. Going to bed angry grants the devil extra hours to poison your heart and mind.

3. Recognize It Does Not Achieve God's Righteousness (James 1:20):

Human anger is a selfish, destructive force. If your goal is truly justice or righteousness, God's methods—meekness, wisdom, and love—are infinitely more effective.

4. Constant Renewal of the Mind (Romans 12:2):

You cannot overcome a fleshly pattern with willpower alone. You must saturate your mind with God's Word, allowing the Holy Spirit to transform your default reactions.

5. Seek Godly Deliverance and Counseling:

If you have a pattern of uncontrollable anger, recognize it as a spiritual stronghold that may require prayer for deliverance and submission to wise, biblical counseling (Proverbs 11:14).

Warning: The Unchecked Trajectory of Anger

The story in the devotional is not an exaggeration; it is a logical conclusion. Uncontrolled anger always leads to regret. It causes permanent damage to relationships, destroys reputations, and can lead to irreversible actions that haunt you for a lifetime.

Conclusion: Take Back Control by Submitting to God

Pray this:

Heavenly Father, I confess my struggle with anger. Forgive me for the times I have given place to the devil through my wrath. I renounce this spirit of anger and ask for Your deliverance. Holy Spirit, help me to be swift to hear, slow to speak, and slow to wrath. Fill me with Your love and patience. I choose to forgive those who offend me and I take back the ground I have given to the enemy. My emotions are under Your control from this day forward, in Jesus' name. Amen.

Action Steps:

1. **Identify Your Triggers:** What situations or people most easily provoke you to anger?
2. **Create a Pause Button:** Commit to taking five deep breaths and silently praying before responding when you feel provoked.
3. **Memorize Scripture:** Arm yourself with James 1:19-20 and Ephesians 4:26-27. Recite them when you feel anger rising.
4. **Seek Accountability:** Confess your struggle to a mature believer and ask them to hold you accountable for your responses.

Remember: You are not a victim of your anger. You have the fruit of the Spirit, which includes self-control (Galatians 5:22-23). You choose whether to give place to the devil or to the Holy Spirit.

Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil. (Ephesians 4:26-27). **Guard your heart and close the door.**

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