



Open Heaven 14 July 2025 Today Devotional & Commentary

Description

The Open Heaven 14 July 2025 devotional for today is HELPMEEET INDEED II.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- Read: [RCCG Open Heaven 13 July 2025 Devotional](#)
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OPEN HEAVEN 14 JULY 2025 TODAY DEVOTIONAL

TOPIC: HELPMET INDEED II

MEMORISE

And the LORD God said, It is not good that the man should be alone; I will make him an help meet for him.

Genesis 2:18

READ: Proverbs 19:13-14

13 A foolish son is the calamity of his father: and the contentions of a wife are a continual dropping.

14 House and riches are the inheritance of fathers: and a prudent wife is from the Lord.

RCCG OPEN HEAVEN 14 JULY 2025 TODAY MESSAGE

A true helpmeet stays with her husband through thick and thin; she doesn't shy away when things are tough. I have been married for 57 years, and sometimes, it feels like my wife and I are still on honeymoon. I was the poorest among those wooing her before we got married, but I told her that if she

married me, everything I would ever have and become would be hers. When we first got married, during our meals, we would playfully struggle over one piece of ponmo, but today, even if we want to eat a whole cow, we can do so because God has truly blessed us.

When things are tough, a true helpmeet encourages her husband; she supports him without making him feel less about himself.

She does not help him and then turn around to say, “You see what I did for you? Now you owe me so and so.” It is a thing of joy for a true helpmeet to see opportunities to help her husband and then go ahead to help.

A helpmeet indeed is known during times when her husband is going through challenges. Years ago, I decided to fast because I was facing some serious challenges. I fasted for 40 days and nights, and because my wife knew that it wouldn’t be easy for me to concentrate on my fast if she didn’t join me, she fasted as well.

After fasting and praying for 40 days and nights, the challenges remained, so I decided to go on another fast for 40 days and nights.

Again, she joined in the fast. After the second round of fasting, the challenges remained, so I decided to go again. This time, I planned to fast until God answered me. I didn’t want my wife to go all the way with me, so we agreed that if after 40 days, the challenge remained, I would continue fasting, and she would stop.

After 40 days and nights elapsed, she refused to stop. When I saw that she wasn’t going to stop, I told God, “I cannot bear to lose my wife.

Whenever You want, You can solve this problem, but I have to stop fasting now.” She only stopped fasting when I stopped, and of course, God proved Himself faithful.

If you are a married woman, try as much as God helps you to help your husband resolve his challenges. A true helpmeet is her husband’s greatest ally, not his greatest headache in the midst of life’s challenges.

OPEN HEAVEN 14 JULY 2025 KEY POINT

A true helpmeet is her husband’s greatest ally. She stands by him through thick and thin.

BIBLE IN ONE YEAR

Song of Solomon 5-8

HYMN 29: WHEN PEACE LIKE A RIVER ATTENDETH MY WAY

OPEN HEAVEN DEVOTIONAL 14 JULY 2025 COMMENTARY

MEMORISE: Genesis 2:18

“And the Lord God said, It is not good that the man should be alone; I will make him an help meet for him.”

This foundational scripture reveals God’s intentional design for marriage—a wife is created as a **strategic ally**, not just a companion. The term “help meet” (Hebrew: *ezer kenegdo*) means a **strong helper who complements her husband’s purpose**.

BIBLE READING: Proverbs 19:13-14

“A foolish son is the calamity of his father: and the contentions of a wife are a continual dropping. House and riches are the inheritance of fathers: and a prudent wife is from the Lord.”

This passage contrasts two types of wives:

- The **contentious wife** (v.13) wears down her husband like a leaky roof.
 - The **prudent wife** (v.14) is a **divine gift** who builds her home.
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The Marks of a True Helpmeet

Pastor E.A. Adeboye’s personal testimony illustrates **God’s blueprint for marital partnership** through seasons of lack and abundance. Here’s a breakdown of the key principles:

1. Unwavering Loyalty in Adversity

- **The “Ponmo to Cow” Journey:**
 - From struggling over scraps to abundance, his wife’s loyalty **never wavered**.
 - Like Ruth, she declared, *“Where you go, I will go”* (Ruth 1:16), embracing **his destiny as hers**.
- **Modern Application:**
 - A helpmeet doesn’t threaten to leave during financial crises or shame her husband for setbacks.

2. Sacrificial Support Without Strings Attached

- **The 120-Day Fast:**
 - She joined his spiritual battles **without resentment**, even when answers were delayed.
 - Unlike Job's wife (Job 2:9), she didn't say, *"Curse God and quit"* but **fasted until breakthrough came**.
- **Key Lesson:**
 - True helpmeets give **without keeping score** (1 Corinthians 13:5).

3. Encouragement, Not Condemnation

- **Proverbs 31:26** *"She openeth her mouth with wisdom; and in her tongue is the law of kindness."*
 - A prudent wife **speaks life** to her husband's dreams (e.g., *"We can do this"* vs. *"You'll never succeed"*).
- **Caution:**
 - The contentious wife in Proverbs 19:13 **erodes her husband's confidence** with constant criticism.

4. Partnership in Spiritual Warfare

- **Matthew 18:19** *"If two of you shall agree, I will do it."*
 - The Adeboyes' united fasting exemplifies **spiritual synergy**.
 - A helpmeet who prays with/for her husband **invites God's intervention** into their marriage.

How to Become/Identify a True Helpmeet

For Wives:

1. **Pray for your husband daily**—cover his weaknesses, health, and vision.
2. **Refuse to compare him** to others (2 Corinthians 10:12).
3. **Celebrate small wins**—be his cheerleader in chief.

For Husbands:

1. **Cherish her sacrifice** (1 Peter 3:7)—honor her as heirs together of the grace of life.
2. **Lead spiritually**—initiate prayer, fasting, and Bible study together.
3. **Protect her heart**—never exploit her loyalty.

For Singles:

- **Wait for a partner** who embodies Proverbs 31/19:14 traits, not just physical attraction.

Conclusion: Marriage as a Divine Covenant

Ask yourself:

- *Am I building my spouse up or tearing them down?*
- *Do I see my role in marriage as a sacred assignment from God?*

Action Step:

- **This week, write your spouse a note** thanking them for one way they've been a help meet to you.

A godly marriage isn't about **perfect people** but **selfless partnership**. When both spouses **submit to God's design**, their union becomes **a taste of heaven on earth**.

Two are better than one, for if they fall, the one will lift up his fellow. (Ecclesiastes 4:9-10).

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