

Open Heavens 14 January 2026 Today Devotional & Commentary

Description

The Open Heavens 14 January 2026 devotional for today is **WHAT IS MAN? IV**

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- **Read:** **RCCG Open Heavens 13 January 2026 Devotional**



OPEN HEAVENS 14 JANUARY 2026 TODAY DEVOTIONAL

TOPIC: WHAT IS MAN? IV

MEMORISE:
Casting all your care upon him; for he careth for you.
1 Peter 5:7

READ: Philippians 4:4-7
4 Rejoice in the Lord always: and again I say, Rejoice.
5 Let your moderation be known unto all men. The Lord is at hand.
6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.
7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

RCCG OPEN HEAVENS 14 JANUARY 2026 TODAY MESSAGE

Man is very special because he has the capacity to accommodate the Spirit of God inside him. This is such a magnificent thing because God is so big that heaven is His throne and the earth is His footstool (Isaiah 66:1), yet He decided to make Himself so little that He can dwell inside us (John 14:16-17).

In Exodus 25:1-2, God asked Moses to build a sanctuary to house His presence. However, after Jesus died for our sins, He made every child of God His temple. This means that if you are a child of God, He is living inside you, and everything that answers to God also answers to you. What a tremendous privilege!

I remember when I joined The Redeemed Christian Church of God. I thought I was a very wise man, after all, I was a university lecturer. We had many non-literate people in the church back then, and I used to look down on them.

However, one day, I thought to myself, â??These people may not be educated, but they are always radiating joy while I am always worried about one thing or the other. They seem to be so much at peace, but there is always a storm raging inside me.â?•

I decided to give my life to Christ that day, and the first thing I experienced was peace. All my anxieties and worries vanished, and for the first time in my life, I was truly joyful. The joy I felt inside me was so much that the next morning, my boss in the office noticed that I was joyful without me saying anything to him.

Man was not originally made to be anxious about anything. It is the fallen nature that made us lose our joy. The good thing, however, is that Jesus came to restore us to the original plan of God. You will experience peace and joy when you become the temple of the Most High God because Psalm 16:11 says that in the presence of God, there is fullness of joy, and Philippians 4:7 says that the peace of God that passes all understanding will flood your heart indeed.

Beloved, if you have not yet accepted Jesus Christ as your Lord and Saviour, you cannot be a part of Godâ??s original design. The Lord wants to come into your heart (Revelation 3:20), and I encourage you to let Him in. He will lift all your heavy burdens (Matthew 11:28) and you will begin to experience peace and joy like never before.

KEY POINT

When you understand your identity as Godâ??s dwelling place, you will enjoy so much joy and peace.

BIBLE IN ONE YEAR

Genesis 44-46

HYMN 27: WHAT A FRIEND WE HAVE IN JESUS

OPEN HEAVENS DEVOTIONAL 14 JANUARY 2026 COMMENTARY

MEMORISE: 1 Peter 5:7
â??Casting all your care upon him; for he careth for you.â?•
This command reveals the heart of God towards His children: a call to transfer the entire weight of anxiety from our shoulders to His. It is not a suggestion but a spiritual transaction based on the certainty of His personal care. The act of casting is an intentional release, made possible because He is both able and willing to bear the load.

BIBLE READING: Philippians 4:4-7
This passage outlines the divine prescription for anxiety: rejoice in the Lord always (a choice of worship), practice gentleness (a posture of trust), pray with thanksgiving (an act of dependence), and receive the peace of God that transcends circumstances. Peace is not the absence of trouble but the presence of a guarding God.

The Indwelling God: The Source of Inexplicable Peace

Daddy Adeboye shifts the focus from external dominion to internal realityâ??the peace and joy that are the birthright of every genuine temple of God. He contrasts the restless, self-reliant intellect with the joyful simplicity of a Spirit-filled heart, using his own powerful testimony to illustrate that the presence of God within is the ultimate answer to the storms of anxiety.

1. The Astonishing Reality: God in You

From External Sanctuary to Internal Dwelling:
In the Old Covenant, Godâ??s presence was localized in a physical sanctuary (Exodus 25:8). In the New Covenant, through Christ, every believer becomes that sanctuary (1 Corinthians 3:16). The Almighty, whom heaven cannot contain, has chosen to make His home in the human spirit. This is the foundation of supernatural peaceâ??the Governor of the universe resides within you.

The Privilege of Divine Resonance:
â??If you are a child of God, He is living inside you, and everything that answers to God also answers to you.â?• This is a profound truth of co-inheritance. Your prayers carry weight, your worship moves heaven, and your declarations have authority because they emanate from the dwelling place of the King. You host the Presence that commands all of creation.

2. The Testimony: The Exchange of Worry for Worship

The Bankruptcy of Intellectual Pride:
Daddy Adeboyeâ??s testimony is striking. His academic accomplishments (a university lecturer) offered no defense against internal storms of worry. His observation of the â??non-literateâ?• believers revealed a superior reality: they possessed a peace and joy that education could not provide and circumstances could not steal. True wisdom is to recognize the source of that peace.

The Immediate Fruit of Salvation: Peace:
His salvation experience underscores that peace is not a later-stage reward; it is the initial, immediate fruit of the indwelling Spirit (Romans 15:13). The moment Christ entered his heart, the storm ceased. The anxieties and worries did not just lessen; they *vanished*, replaced by a tangible, observable joy that radiated without a word.

3. The Original Design: A Life Free from Anxiety

Anxiety is an Alien Invader:
Man was created to walk with God in the cool of the day, in perfect trust and fellowship. Anxiety is a fruit of the Fallâ??a symptom of separation from the Source of peace. Salvation is a restoration to that original design, where our souls find their rest in God alone (Psalm 62:1).

The Mechanics of Divine Peace:

- **Source:** Godâ??s presence (Psalm 16:11).
- **Means:** Prayer and thanksgiving (Philippians 4:6).
- **Nature:** A peace that *guards* the heart and mindâ??a sentinel against anxious thoughts (Philippians 4:7).
- **Evidence:** Joy that is full and radiates outwardly, even without verbal testimony.

How to Cultivate and Guard Your Inherited Peace

Practice the Daily Transfer:
Make â??casting your careâ?• a conscious, verbal act of prayer each morning and anytime worry arises. Literally name the concern and say, â??I cast this upon You, Lord, for You care for me.â?•

Choose Rejoicing as a Weapon:
Rejoicing in the Lord (Philippians 4:4) is not denial; it is defiance. It is choosing to focus on the unchanging character of your indwelling God rather than the fluctuating circumstances around you. This act of worship activates the peace that is already within you.

Maintain the Templeâ??s Purity:
Willful sin and disobedience create a disturbance in the peace of the temple. A clear conscience through daily repentance (1 John 1:9) is essential for maintaining an unhindered flow of Godâ??s comforting presence.

Warning: Peace is Forfeited by Self-Reliance

The moment you try to be your own god, carrying your own burdens, you evict peace. Worry is practical atheismâ??living as if God is not present or does not care. The intellectual, like the pre-salvation Daddy

Adeboye, often struggles most here because they are accustomed to solving their own problems.

Conclusion: Pray to Be Settled in His Presence

Pray this:
â??Lord Jesus, I open the door of my heart fully to You. Come in and be my Lord. I exchange the heavy burden of my anxieties for Your easy yoke. Thank You for making my heart Your temple. Let Your presence within me be so real that worry finds no dwelling place. Flood my soul with Your inexplicable peace and fullness of joy. I cast every care upon You now, for I know You care for me. Let my life radiate Your peace, in Jesusâ?? name!â?•

Action Steps:

1. **The Salvation Foundation:** If you have never consciously invited Christ in, pray the prayer above. Your peace begins here.
2. **The â??Castingâ?• Ritual:** Each day, write down your top 3 worries on a piece of paper. Pray over them, then literally destroy the paper (tear it, burn it safely) as a symbol of casting them onto God.
3. **Cultivate Thanksgiving:** Keep a â??Peace Journal.â?• Each evening, write down 3 specific things you are thankful for from the day. This trains your heart in gratitude, the antidote to anxiety.
4. **Audit Your Influences:** Identify one source in your life (news, a relationship, social media) that consistently robs you of peace. Take a proactive step this week to limit its access to your mind.

Remember: You do not *find* peace; you *host* the Prince of Peace. The storm is not your address; His presence is.
â??Casting all your care upon him; for he careth for you.â?• (1 Peter 5:7). Let it go. Heâ??s got you.

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