



Open Heavens 6 May 2026 Devotional & Commentary

Description

The Open Heavens 6 May 2026 devotional for today is **SECRETS TO LONGEVITY III**.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

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OPEN HEAVENS 6 MAY 2026 TODAY DEVOTIONAL

TOPIC: SECRETS TO LONGEVITY III

MEMORISE

Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart.

2 Timothy 2:22

READ: Genesis 39:10-13

10 And it came to pass, as she spake to Joseph day by day, that he hearkened not unto her, to lie by her, or to be with her.

11 And it came to pass about this time, that Joseph went into the house to do his business; and there was none of the men of the house there within.

12 And she caught him by his garment, saying, Lie with me: and he left his garment in her hand, and fled, and got him out.

13 And it came to pass, when she saw that he had left his garment in her hand, and was fled forth,

RCCG OPEN HEAVENS 6 MAY 2026 TODAY MESSAGE

Over the past two days, I have discussed the importance of knowing when to hide and when to fight as key secrets to longevity. Today, I will be discussing another secret to longevity: knowing the times to run.

When you go through the Scriptures carefully, you will understand that part of the identity of God's children is that they are wise and strong. For example, 1 John 4:4 says that greater is He that is in us (God) than he that is in the world (the devil), which shows exactly how powerful we are as believers.

However, when it comes to dealing with sin, especially lust, today's memory verse says that we are not just to run away, but we are to flee! The anointing doesn't work on lust, which means that, no matter how strong or anointed you are, the only thing that works is to flee!

You might be asking yourself, with all the anointing on Daddy G.O. and the great amount of time he has spent with God, does he still flee from lust? The answer is, Yes. In fact, I even flee more now than I used to when I was a younger Christian. This is because I understand that whoever is in a race needs to run faster towards the end so as to win the prize.

Lust, however, is not the only sin we are to flee from; we must also flee from all kinds of sins. 1 Thessalonians 5:22 says that you should abstain from every appearance of evil.

This means that the moment something seems evil, you should stay away from it. For instance, if a group of people around you seem to be interested in evil, you should stay away from them.

Psalm 1:1 says that you are not to walk in the counsel of the ungodly, stand in the way of sinners, or sit in the seat of the scornful. You can greet them and preach to them, but do not befriend them.

2 Corinthians 6:14-15 says, "Be ye not unequally yoked together with unbelievers: for what fellowship hath righteousness with unrighteousness? and what communion hath light with darkness? And what concord hath Christ with Belial? or what part hath he that believeth with an infidel?"

Beloved, if you want to succeed in the race God has set before you, you must flee from all sins and have no fellowship with the unfruitful works of darkness.

KEY POINT

Flee anything that has an appearance of evil.

BIBLE IN ONE YEAR

1 Chronicles 24-26

[Open Heavens HYMN 34: YIELD NOT TO TEMPTATION](#)

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