



Open Heavens 1 August 2026 Today Devotional & Commentary

Description

The Open Heavens 1 August 2026 devotional for today is OVERCOMING TEMPTATIONS II.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- Read: [RCCG Open Heavens 31 July 2026 Devotional](#)
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OPEN HEAVENS 1 AUGUST 2026 TODAY DEVOTIONAL

TOPIC: OVERCOMING TEMPTATIONS II

MEMORISE

Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God:
Ephesians 6:16-17

READ: Psalm 119:9-17

⁹ Wherewithal shall a young man cleanse his way? by taking heed thereto according to thy word.

¹⁰ With my whole heart have I sought thee: O let me not wander from thy commandments.

¹¹ Thy word have I hid in mine heart, that I might not sin against thee.

¹² Blessed art thou, O Lord: teach me thy statutes.

¹³ With my lips have I declared all the judgments of thy mouth.

¹⁴ I have rejoiced in the way of thy testimonies, as much as in all riches.

¹⁵ I will meditate in thy precepts, and have respect unto thy ways.

¹⁶ I will delight myself in thy statutes: I will not forget thy word.

¹⁷ Deal bountifully with thy servant, that I may live, and keep thy word.

RCCG OPEN HEAVEN 1 AUGUST 2026 TODAY MESSAGE

A believer who does not study the Bible regularly will not know the right way to respond to temptations, and hence, will keep falling in and out of sin.

I know this because Jesus overcame all the temptations of the devil by quoting the Scriptures (Luke 4:1-12). From our memory verses for today, we see that after faith and salvation, a believer needs to take up the sword of the Spirit, which is the word of God.

Any Christian who does not study his or her Bible regularly is a soldier who is without a sword. The word of God is both a weapon of offence and defence against the temptations the enemy throws at you.

David said in Psalm 119:11:

Thy word have I hid in mine heart, that I might not sin against thee.

The verse above tells us that to overcome sin, a person's heart must be filled with the word of God; therefore, you must keep studying the word of God and meditating on it at all times.

Living according to the word of God sets us apart from the world and makes us sanctified vessels unto God (John 17:17). As you keep studying God's word and obeying it, you will discover that the things of the world that used to entice you are no longer enticing to you.

When the devil comes to offer you those things, you will be able to respond, "It is written," and he will have to leave you alone for a while. God's word empowers you to be sensitive to the traps of the devil and overcome them. The more you immerse yourself in God's word, the more fortified you will become against the devil's attacks.

Proverbs 1:17 says that it is vain to spread a net in the sight of any bird. Just as a bird will not enter a net that it knows to have been spread to capture and kill it, God's word will make you sensitive to see the traps of the devil. It is your victory kit over Satan's wiles.

Do not neglect your weapon of victory; study your Bible constantly. Know God's word concerning every aspect of your life so that when the devil tries to deceive you in any area, you will know what has been written about it and be able to use that knowledge to shut him up. At that point, sin will no longer have any power over you.

Key Point

God's word is your defence and victory kit over temptations.

BIBLE IN ONE YEAR

Open Heavens HYMN 3: ANCIENT WORDS

VIDEO: OPEN HEAVENS DEVOTIONAL FOR TODAY

OPEN HEAVENS DEVOTIONAL 1 AUGUST 2026 COMMENTARY

MEMORISE: Ephesians 6:16-17

â??Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God.â?•

The word of God is both your defensive shield and your offensive weapon against every attack of the enemy. Without it, you are defenseless in spiritual warfare.

BIBLE READING: Psalm 119:9-17

This passage reveals that the key to keeping your way pure is hiding Godâ??s word in your heart. The psalmist declares that he has not departed from Godâ??s judgments and delights in His statutes. Godâ??s word is the cleansing agent and the preserving power for the believerâ??s life.

The Unarmed Soldier: Believers Who Donâ??t Study the Bible

â??A believer who does not study the Bible regularly will not know the right way to respond to temptations, and hence, will keep falling in and out of sin.â?•

Without the Sword	With the Sword
Defenseless against temptation	Armed to overcome every attack
Falls repeatedly into sin	Stands firm and resists
Cannot recognize the devilâ??s lies	Detects deception immediately
Weak and vulnerable	Fortified and victorious

“I know this because Jesus overcame all the temptations of the devil by quoting the Scriptures (Luke 4:1-12).”

Jesus’s Response to Temptation	Your Response Should Be
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“It is written”

“It is written”

Quoted Scripture to Satan

Use Scripture to silence the enemy

Did not rely on feelings or reasoning

Rely on the unchanging word of God

“From our memory verses for today, we see that after faith and salvation, a believer needs to take up the sword of the Spirit, which is the word of God.”

The sword is not given to you to admire—it is given to you to use. A soldier who carries a sword but never draws it is as useless as one who has no sword at all.

The Soldier Without a Sword

“Any Christian who does not study his or her Bible regularly is a soldier who is without a sword. The word of God is both a weapon of offence and defence against the temptations the enemy throws at you.”

A Soldier Without a Sword	A Christian Without Bible Study
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Cannot defend himself

Cannot resist temptation

Cannot attack the enemy

Cannot defeat the devil’s schemes

Is easily captured

Is easily led into sin

Is a liability to his army

Is ineffective in God’s kingdom

Ephesians 6:17 “And take the helmet of salvation, and the sword of the Spirit, which is the word of God.”

The sword is the *only* offensive weapon in the full armor of God. Without it, you can only defend—and even that poorly. With it, you can attack, counter, and overcome.

Hiding God’s Word in Your Heart (Psalm 119:11)

“David said in Psalm 119:11: ‘Thy word have I hid in mine heart, that I might not sin against thee.’”

Hiding the Word in Your Heart	What It Produces
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Memorizing Scripture

Immediate access in temptation

Meditating on Scripture

Strength to resist sin

Loving God’s word

Desires shift away from the world

Hiding the Word in Your Heart	What It Produces
Obedying God's word	Sanctification and purity

The verse above tells us that to overcome sin, a person's heart must be filled with the word of God; therefore, you must keep studying the word of God and meditating on it at all times.

A Heart Filled with the Word	A Heart Empty of the Word
Resists temptation	Yields to temptation
Discerns truth from lies	Believes the devil's deception
Desires holiness	Desires worldly pleasures
Strengthened in trials	Crushed by trials

The Sanctifying Power of the Word

Living according to the word of God sets us apart from the world and makes us sanctified vessels unto God (John 17:17).

John 17:17 Sanctify them through thy truth: thy word is truth.

The Word Sanctifies	The World Corrupts
Sets you apart for God	Blends you into the world's patterns
Purifies your desires	Pollutes your desires
Strengthens your resolve	Weakens your resistance

As you keep studying God's word and obeying it, you will discover that the things of the world that used to entice you are no longer enticing to you.

Before Studying the Word	After Immersion in the Word
Worldly things were attractive	Worldly things lose their appeal
You struggled to resist	You desire holiness
The world's pleasures called to you	God's pleasures satisfy you

Responding with "It Is Written"

When the devil comes to offer you those things, you will be able to respond, "It is written," and he will have to leave you alone for a while.

The Devil's Temptation	Your Response	The Result
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• Eat this •	• It is written, man shall not live by bread alone •	He departs
• Test God •	• It is written, thou shalt not tempt the Lord •	He departs
• Worship me •	• It is written, thou shalt worship the Lord thy God •	He departs

God's word empowers you to be sensitive to the traps of the devil and overcome them. The more you immerse yourself in God's word, the more fortified you will become against the devil's attacks.

The More You Study The Stronger You Become

You see the traps	You avoid the traps
You know the truth	You spot the lies
You are armed	You overcome

The Bird and the Net (Proverbs 1:17)

Proverbs 1:17 says that it is vain to spread a net in the sight of any bird. Just as a bird will not enter a net that it knows to have been spread to capture and kill it, God's word will make you sensitive to see the traps of the devil.

The Bird	The Believer
Sees the net	Sees the trap through Scripture
Avoids it	Escapes it
Stays free	Remains free

It is your victory kit over Satan's wiles.

Your Bible is not just a book—it is your victory kit. It contains everything you need to overcome every scheme of the enemy.

How to Use Your Sword Effectively (Practical Steps)

Based on Daddy Adeboye's teaching, here is how to arm yourself with the sword of the Spirit:

1. Study Your Bible Constantly

Do not neglect your weapon of victory; study your Bible constantly.

How to Study	The Result
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Daily, not occasionally Your sword is always ready
With prayer The Holy Spirit teaches you
With application You grow in obedience

2. Memorize Scripture

Hide God's word in your heart.

What to Memorize	Why
Verses on temptation (1 Cor 10:13)	To resist when tempted
Verses on God's promises	To fight doubt and fear
Verses on God's character	To know who you are trusting

3. Meditate on the Word Day and Night

Do not just read and close the book. Meditate. Chew on it. Think about it throughout your day. Let it shape your thinking.

4. Respond with 'It Is Written'

When temptation comes, do not reason with the devil. Do not argue. Quote Scripture. The devil cannot stand against the written word of God.

5. Obey What You Read

Knowledge without obedience is useless. The word sanctifies you as you obey it. Do not be a hearer only—be a doer.

Warning: A Soldier Without a Sword Will Fall

Daddy Adeboye's devotional carries an urgent warning: neglecting Bible study leaves you defenseless.

Without the Word	With the Word
You fall into sin	You overcome sin
You are deceived	You discern truth
You are weak	You are strong
The devil wins	You win

Sin will no longer have any power over you.

Conclusion: Your Prayer for a Love for the Word

Daddy Adeboye closes with the call to study your Bible constantly. Do not neglect your weapon. Do not go into battle unarmed.

Pray this:

Lord Jesus, I thank You for the sword of the Spirit—Your living word. Forgive me for the times I have neglected my Bible and gone into battle unarmed. Forgive me for falling to temptations I could have overcome if I had Your word in my heart. Today, I commit to studying Your word constantly. Help me to hide it in my heart. Give me a love for Scripture that grows deeper every day. When the enemy comes, let my first response be “It is written.” Arm me. Fortify me. Let sin have no power over me. In Jesus’ mighty name. Amen.

Action Steps:

1. **The Bible Study Commitment:** Set a non-negotiable time each day for Bible study. Start with 15 minutes. Guard that time.
2. **The Scripture Memory Plan:** Choose one verse from today’s devotional (1 Corinthians 10:13, Psalm 119:11, or John 17:17). Memorize it this week.
3. **The “It Is Written” Practice:** When temptation comes this week, deliberately quote Scripture aloud. Let the sword of the Spirit silence the enemy.

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