



Open Heaven 6 January 2026 Today Devotional & Commentary

Description

The Open Heaven 6 January 2026 devotional for today is **THE ARMOUR OF LIGHT I.**

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

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OPEN HEAVEN 6 JANUARY 2026 TODAY DEVOTIONAL

TOPIC: THE ARMOUR OF LIGHT I

MEMORISE:

The night is far spent, the day is at hand: let us therefore cast off the works of darkness, and let us put on the armour of light.

Romans 13:12

READ: Romans 13:12-14

12 The night is far spent, the day is at hand: let us therefore cast off the works of darkness, and let us put on the armour of light.

13 Let us walk honestly, as in the day; not in rioting and drunkenness, not in chambering and wantonness, not in strife and envying.

14 But put ye on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof.

RCCG OPEN HEAVEN 6 JANUARY 2026 TODAY MESSAGE

Many believers are dealing with darkness inside their hearts because their hearts are full of bitterness and anger. Some of these believers are angry with God, their spouses, children, parents, etc.

I understand that the world is a wicked place, and it can be easy for bitterness to creep into your heart. However, instead of allowing bitterness to envelop you, you must open up your heart to the light of God. The word of God is light; let this light become an armour that protects you from darkness.

Today's memory verse admonishes us to cast off the works of darkness and put on the armour of light. Light is an armour, and just as a soldier needs armour to survive the attacks of an enemy, light protects you from any arrow of bitterness that the enemy might shoot against you.

To put on the armour of light, you must cast off the works of darkness. You cannot overcome the prince of darkness when you have the works of darkness in you.

Sin is the greatest work of darkness. If you are still living in sin, you must repent, put on the armour of light, and live righteously.

As I have progressed in life, I have experienced betrayals from different people. I have been hurt by people who are far from me and people who are very dear to me. I have been hurt by unbelievers and even by some ministers of God.

However, despite all these, I haven't lost my joy. I haven't stopped being kind, even to those who betrayed me. Even though they may have hurt me, my heart is protected by the armour of light, which will not allow darkness to creep into my heart.

Beloved, don't keep malice, and don't focus on people who have hurt you. Ephesians 6:12 says: "For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

The real enemy is the devil, who wants to plant a seed of bitterness in your heart so you can be filled with darkness. Don't let him succeed; rather, put on the armour of light by subjecting all your thoughts to the authority of Christ, casting off every sinful habit and meditating on God's word at all times.

As you do this, I pray that your heart will be filled with joy, and you will continually experience the peace of God that passes all understanding.

ACTION POINT:

If there is any work of darkness in your life, ensure you cast them off and put on the armour of light

BIBLE IN ONE YEAR

Genesis 21-23

HYMN 59: I WANT TO BE LIKE JESUS

OPEN HEAVEN DEVOTIONAL 6 JANUARY 2026 COMMENTARY

MEMORISE: Romans 13:12

“The night is far spent, the day is at hand: let us therefore cast off the works of darkness, and let us put on the armour of light.”

This verse presents a profound spiritual transition. It declares an end to the season of moral and spiritual night and commands two active responses: a decisive rejection of dark works and a deliberate clothing of oneself with light as a defensive weapon.

BIBLE READING: Romans 13:12-14

This passage frames the Christian life as a moment of urgent preparation for the full dawning of God’s day. It moves from a command to a practical checklist—from putting on light to putting on Christ Himself, making no provision for the fleshly desires that belong to the darkness.

The Armour of Light: Your Guard Against Inner Darkness

Daddy Adeboye shifts the focus from external spiritual warfare to the most critical internal battleground: the human heart. The devotional teaches that the greatest darkness to fear is not around you, but the bitterness that can grow *within* you. True victory is found not merely in resisting the devil, but in protecting your heart’s soil from his most poisonous seed.

1. The Nature of the Internal Battle

The Darkness of Unresolved Hurt:

Bitterness, anger, and unforgiveness are identified as “works of darkness” that take up residence inside a believer. These are not just emotions; they are spiritual forces that corrupt fellowship with God and people, creating internal night while external day dawns. A bitter heart lives in perpetual night, regardless of the time on God’s clock.

The True Enemy’s Strategy:

Ephesians 6:12 is correctly applied: people are not the ultimate enemy. The devil uses hurts, betrayals, and injustices—from strangers, loved ones, and even ministers—as delivery systems for his true weapon: the seed of bitterness. His goal is not just to hurt you once, but to get you to harbour the hurt, allowing it to germinate into a root of darkness that defiles many (Hebrews 12:15).

2. The Armour Defined: What Light Does

Light as Protective Gear:

Unlike armour of steel that blocks physical arrows, the “armour of light” is the manifested presence of God’s Word and character in your life. It works by *exposing* the poisonous arrow of bitterness for

what it is the moment it tries to pierce your heart, allowing you to discard it before it embeds and infects.

The Incompatibility Principle:

Light and darkness cannot occupy the same space (2 Corinthians 6:14). To “put on” the armour of light is to consciously clothe your thoughts, reactions, and memories with the nature of Christ—His forgiveness, mercy, and love. This divine light automatically repels and dissolves the clinging shadows of resentment.

3. The Two-Fold Command: Cast Off, Put On

You Cannot Do One Without the Other:

Daddy Adeboye emphasizes that you cannot overcome the prince of darkness while entertaining his works. Spiritual victory is not just defensive; it is intensely active:

1. **Cast Off:** This is repentance. It is a deliberate, forceful rejection—like removing filthy garments. It means naming the bitterness, the grudge, the sinful anger, and confessing it as the darkness it is.
2. **Put On:** This is renewal. It is the conscious application of God’s truth and character to the raw, vulnerable areas where the darkness once resided. You replace meditation on the hurt with meditation on the Word (Psalm 119:130).

4. Daddy Adeboye’s Personal Testimony: A Protected Heart

The Proof of the Armour:

The writer shares his own journey of betrayals from various quarters. His testimony is crucial: the armour of light does not make you impervious to pain, but it makes you impervious to the *darkness* pain tries to bring. You can be hurt yet remain joyful; be betrayed yet remain kind. The light within protects your core identity and spiritual fruit from being corrupted by the actions of others.

How to Maintain the Armour of Light

Subject Thoughts to Christ:

Capture every thought of revenge, replayed offense, or self-pity and deliberately bring it under the authority of Christ’s word and example (2 Corinthians 10:5). Ask, “Does this thought belong to the darkness I have cast off, or to the light I have put on?”

Live in Conscious Righteousness:

Habitual, unrepentant sin in any area pokes a hole in your armour, creating a direct entry point for darkness. Daily repentance and reliance on Christ’s righteousness keep the armour intact.

Choose Focus Wisely:

“Do not focus on people who have hurt you.” Your focus empowers what it dwells on. Focusing on the hurt feeds darkness; focusing on Christ, your healer and vindicator, feeds the light.

Warning: Malice is a Self-Inflicted Wound

Keeping malice is like drinking poison and hoping the other person dies. It is a work of darkness that, while aimed at another, first corrupts your own heart. It voluntarily disarms the armour of light.

Conclusion: Pray for a Fortified Heart

Pray this:

Lord Jesus, You are my Light and my Salvation. I actively now cast off every work of darkness every root of bitterness, every seed of anger, every record of wrongs. I put on the full armour of Your light. Let Your Word so saturate my heart that it becomes an impenetrable guard, exposing and rejecting every arrow of hurt. Fill me with Your joy and fortify me with Your peace that surpasses all understanding. My heart is Your dwelling place; let no darkness remain, in Jesus name!•

Action Steps:

1. **Conduct a Heart Audit:** In prayer, ask the Holy Spirit to reveal any hidden bitterness or unresolved anger towards any person (or God). Write down the names He brings to mind.
2. **The Casting Off Ritual:** For each name or hurt, pray a prayer of release: *In Jesus name, I choose to forgive [name]. I cast off the hurt from this event and I release them to You.*• Tear up or burn the list as a symbol of letting go.
3. **The Putting On Practice:** For 7 days, meditate on one *light*• scripture about God's character each morning (e.g., 1 John 1:5, Psalm 27:1, Matthew 5:14-16). Confess it over your heart as your armour.
4. **Practice Preemptive Blessing:** This week, do a kind act for or speak a blessing over someone you've struggled with (if safe to do so). This actively reinforces the armour of light.

Remember: The night of internal torment is far spent. The day of a healed, joyful, and peaceful heart is at hand. Your choice to cast off and put on is the turning point.

Let us put on the armour of light.• (Romans 13:12). Wear it daily, and walk in victory.

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