



Open Heavens 2 August 2026 Today Devotional & Commentary

Description

The Open Heavens 2 August 2026 devotional for today is OVERCOMING TEMPTATIONS III.

This is a daily devotion written by Pastor E. A. Adeboye, General Overseer of the Redeemed Christian Church of God (RCCG).

- Read: [RCCG Open Heavens 1 August 2026 Devotional](#)
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OPEN HEAVENS 2 AUGUST 2026 TODAY DEVOTIONAL

TOPIC: OVERCOMING TEMPTATIONS III

MEMORISE:

And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God.

Luke 6:12

READ: Matthew 26:37-41

³⁷ And he took with him Peter and the two sons of Zebedee, and began to be sorrowful and very heavy.

³⁸ Then saith he unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with me.

³⁹ And he went a little farther, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt.

⁴⁰ And he cometh unto the disciples, and findeth them asleep, and saith unto Peter, What, could ye not watch with me one hour?

⁴¹ Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

RCCG OPEN HEAVEN 2 AUGUST 2026 TODAY MESSAGE

This statement “A prayerless Christian is a powerless Christian” is not a direct quote from the Bible, but I have found it to be very accurate. If you don’t make prayer your lifestyle, you will be too weak to overcome the devil’s temptations when they come.

In Matthew 26:41, Jesus told His disciples:

Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

Some people claim that they want to live above temptations, but they always find themselves failing. If you check carefully, many individuals who face this challenge often have a weak prayer life.

Even though they desire to live a holy life, they are too weak to withstand the devil’s temptations because they are not prayerful. For example, Peter failed to pray sufficiently at the Garden of Gethsemane, so it was not surprising that he denied Jesus three times after he had claimed that he was willing to die with Him. If Jesus had not prayed for Peter, the devil would have succeeded in sifting him away (Luke 22:31-32, 39-46).

As a Christian, you must gather strength in the place of prayer to remain standing when temptation arises. Proverbs 24:10 says that if you faint in the day of adversity, your strength is small.

People who sleep when they ought to pray will faint in the day of adversity because they didn’t build strength in the day of peace. Every human being will face a day of adversity. Jesus faced His at Golgotha, but He was well prepared for it. Before His crucifixion, He prayed intensely to the point that His sweat was as great drops of blood (Luke 22:44).

Therefore, when Judas betrayed Him, Peter denied Him, and the other disciples deserted Him, He responded with love and kindness. Even when He was crucified, He asked God to forgive those who crucified Him (Luke 22:34). Only someone who has developed spiritual strength and stamina in the days of peace can respond like Jesus did in the day of adversity.

Beloved, do you know why Apostle Paul urged you to pray without ceasing in 1 Thessalonians 5:17? It is because you have a relentless foe, the devil, who will tempt you without ceasing.

However, being a prayerful Christian will give you a constant edge over him and ensure that you are not caught unawares in any way. Like the apostles in Acts 6:4, give yourself continually to prayer. May the Almighty God continue to strengthen you, in Jesus’ name.

ACTION POINT:

Take time to assess your current prayer life and commit to making the necessary adjustments where needed.

BIBLE IN ONE YEAR

Isaiah 64-66

[Open Heavens HYMN 22: SWEET HOUR OF PRAYER](#)

VIDEO: OPEN HEAVENS DEVOTIONAL FOR TODAY

OPEN HEAVENS DEVOTIONAL 2 AUGUST 2026 COMMENTARY

MEMORISE: Luke 6:12

“And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God.”

If the Son of God needed to spend entire nights in prayer to prepare for His mission, how much more do you? Prayer is not an option—it is the source of spiritual strength.

BIBLE READING: Matthew 26:37-41

This passage captures Jesus in Gethsemane, sorrowful and deeply distressed, as He prayed three times while His disciples slept. He warned them, *“Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.”* The disciples’ failure to pray left them powerless when the hour of testing came.

The Prayerless Christian Is a Powerless Christian

“This statement ‘A prayerless Christian is a powerless Christian’ is not a direct quote from the Bible, but I have found it to be very accurate. If you don’t make prayer your lifestyle, you will be too weak to overcome the devil’s temptations when they come.”

Prayerful Christian

Empowered to resist temptation
Builds strength in peaceful times
Prepared for the hour of trial
Overcomes the devil

Prayerless Christian

Weak and vulnerable to sin
Faints in the day of adversity
Caught off guard
Falls into sin

The equation is simple: no prayer = no power. Prayer is not a religious ritual; it is the lifeline that connects you to the strength you need to stand.

The Willing Spirit and the Weak Flesh

“In Matthew 26:41, Jesus told His disciples: ‘Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.’”

The Spirit Is Willing

You genuinely desire to live holy
You want to overcome temptation
Your heart is in the right place

The Flesh Is Weak

But you lack the strength to resist
But the flesh craves the sin
But your discipline is lacking

“Some people claim that they want to live above temptations, but they always find themselves failing. If you check carefully, many individuals who face this challenge often have a weak prayer life.”

Claim

“I want to overcome sin” But they rarely pray

“I desire holiness”

But they do not seek strength in prayer

“I hate when I fall”

But they do not watch and pray

Reality

You cannot overcome sin with good intentions alone. The flesh is weak. It needs the supernatural strength that only comes through prayer.

Peter’s Failure: The Consequence of a Weak Prayer Life

“Even though they desire to live a holy life, they are too weak to withstand the devil’s temptations because they are not prayerful. For example, Peter failed to pray sufficiently at the Garden of Gethsemane, so it was not surprising that he denied Jesus three times after he had claimed that he was willing to die with Him.”

What Peter Said

“I am willing to die with You”

“I will never deny You”

Full of confidence in himself

What Peter Did

Slept while Jesus prayed

Denied Jesus three times

Failed because he lacked prayer

“If Jesus had not prayed for Peter, the devil would have succeeded in sifting him away (Luke 22:31-32, 39-46).”

Luke 22:31-32 *And the Lord said, Simon, Simon, behold, Satan hath desired to have you, that he may sift you as wheat: But I have prayed for thee, that thy faith fail not.*

What Saved Peter What Almost Destroyed Him

Jesus's prayer for him His own failure to pray
Christ's intercession His self-reliance

Your failure to pray does not just affect you. You may survive only because others are praying for you. But do not presume on that grace. Develop your own prayer life.

The Day of Adversity Will Come

As a Christian, you must gather strength in the place of prayer to remain standing when temptation arises. Proverbs 24:10 says that if you faint in the day of adversity, your strength is small.

Proverbs 24:10 *If thou faint in the day of adversity, thy strength is small.*

If You Fail to Pray in Peace

Your strength will be small
You will not have reserves to draw from
You will be caught off guard

The Day of Adversity

You will faint under pressure
You will crumble when tested
The enemy will overpower you

People who sleep when they ought to pray will faint in the day of adversity because they didn't build strength in the day of peace.

Build Strength in Peace

Through daily prayer
Through spending time with God
Through developing spiritual stamina

In the Day of Adversity

You will not faint
You will stand firm
You will overcome

Jesus's Example: Praying Through the Night

Every human being will face a day of adversity. Jesus faced His at Golgotha, but He was well prepared for it. Before His crucifixion, He prayed intensely to the point that His sweat was as great drops of blood (Luke 22:44).

Luke 22:44 *And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.*

Jesus's Preparation

Intense, agonizing prayer

The Result

He faced the cross with love and forgiveness

Jesus's Preparation

He built strength in the garden

He prayed until His sweat was blood

The Result

He did not faint on the cross

He was ready for the greatest trial

Therefore, when Judas betrayed Him, Peter denied Him, and the other disciples deserted Him, He responded with love and kindness. Even when He was crucified, He asked God to forgive those who crucified Him (Luke 22:34).

Without Prayer

You respond with anger, bitterness, and revenge

You faint under pressure

You betray others in your pain

With Prayer

You respond with love, forgiveness, and grace

You stand firm

You bless others in your pain

Only someone who has developed spiritual strength and stamina in the days of peace can respond like Jesus did in the day of adversity.

Pray Without Ceasing (1 Thessalonians 5:17)

Beloved, do you know why Apostle Paul urged you to pray without ceasing in 1 Thessalonians 5:17? It is because you have a relentless foe, the devil, who will tempt you without ceasing.

The Devil Tempts Without Ceasing You Must Pray Without Ceasing

He never takes a break

You cannot afford to take a break

He is always looking for an opening

You must always be on guard

He attacks in peaceful times too

You must build strength at all times

However, being a prayerful Christian will give you a constant edge over him and ensure that you are not caught unawares in any way.

Prayerful Christian

Has a constant edge over the devil

Is prepared for every attack

Overcomes temptation

Unprayerful Christian

Is constantly at a disadvantage

Is caught unawares

Falls into temptation

The Apostles' Commitment: Give Yourselves Continually to Prayer

Like the apostles in Acts 6:4, give yourself continually to prayer. May the Almighty God continue to strengthen you, in Jesus' name.

Acts 6:4 “But we will give ourselves continually to prayer, and to the ministry of the word.”

The Apostles’ Priority	Your Priority Should Be
Continual prayer	Continual prayer
Not occasional, not when convenient	A lifestyle, not a ritual
Prayer before ministry	Prayer as the source of ministry

How to Develop a Powerful Prayer Life (Practical Steps)

Based on Daddy Adeboye’s teaching, here is how to build spiritual strength in the place of prayer:

1. Watch and Pray

Do not sleep when you should be praying. If the disciples slept in Gethsemane, they failed in their hour of testing. Set specific times for prayer and guard them.

2. Pray in the Day of Peace

Do not wait until adversity comes to start praying. Build your spiritual muscles in times of peace. Pray daily. Pray earnestly. Pray until it becomes your lifestyle.

3. Pray Intensely When Facing Trials

Jesus prayed more earnestly when His trial approached. When you sense a battle coming, increase your prayer. Do not be casual when the enemy is serious.

4. Pray Without Ceasing

Make prayer a constant posture. Do not limit prayer to morning and evening. Pray while you drive, while you work, while you walk. Stay connected to God.

5. Remember That Prayer Is Your Strength

You cannot overcome sin in your own strength. The flesh is weak. You need the Holy Spirit’s power. Prayer is the channel through which that power flows.

Warning: A Weak Prayer Life Leads to Weakness in Temptation

Daddy Adeboye’s devotional carries an urgent warning: the day of adversity will come. If you have not built strength in prayer, you will faint.

If You Do Not Pray	In the Day of Adversity
Your strength will be small	You will faint
You will be unprepared	You will fall into sin

If You Do Not Pray

In the Day of Adversity

The enemy will overpower you You will regret your neglect

Conclusion: Your Prayer for a Prayerful Life

Daddy Adeboye closes with the call to give yourself continually to prayer. Do not neglect the source of your strength.

Pray this:

Lord Jesus, You prayed through the night. You prayed in agony. You taught Your disciples to watch and pray. Forgive me for the times I have slept when I should have prayed. Forgive me for facing temptation in my own strength. Today, I commit to building strength in the place of prayer. Help me to give myself continually to prayer. Let prayer become my lifestyle, not my last resort. Prepare me for every day of adversity. Do not let me faint when the trial comes. In Jesus' mighty name. Amen

Action Steps:

1. **The Gethsemane Check:** Ask yourself honestly: *Have I been sleeping when I should be praying?* Identify one time slot this week where you will replace sleep or distraction with focused prayer.
2. **The Strength Audit:** If you have failed in a recent temptation, ask: *Was my prayer life strong enough to resist?* If not, commit to building spiritual stamina through daily prayer.
3. **The "Without Ceasing" Commitment:** Find one activity (driving, walking, household chores) that you will turn into prayer time this week. Practice praying through your daily routine.

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