



## RCCG House Fellowship Leaders Manual 14 April 2024: Lesson 33

### Description

This is RCGG house fellowship leaders manual 14 April 2024 which is lesson 33. Today's lesson topic is LOSING IT?.

#### Read:

- [RCCG House Fellowship Member's Manual 14 April 2024](#)
  - [RCCG Sunday School Teacher's Manual 14 April 2024](#)
  - [Open Heaven 14 April 2024 Devotional](#)
  - [RCCG YAYA Sunday School 14 April 2024 Manual](#)
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**Note:** Check on [RCCG HOUSE FELLOWSHIP ANTHEM](#)

## RCCG HOUSE FELLOWSHIP LEADERS MANUAL 14 APRIL 2024

### TOPIC: LOSING IT?

#### Opening Prayer:

Father, please help me to walk in accordance with Your counsel.

#### Previous Knowledge:

Leader should ask if any member received a divine touch in the course of the week. To recall to mind the previous lesson – The Touch of God.

# TODAY'S LESSON

## Memory Verse: John 4:18

"For thou hast had five husbands, and he whom thou now hast is not thy husband: in that saidst thou truly."

## Bible Text: 1 Kings 19:4-6

<sup>4</sup> But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree: and he requested for himself that he might die; and said, It is enough; now, O Lord, take away my life; for I am not better than my fathers.

<sup>5</sup> And as he lay and slept under a juniper tree, behold, then an angel touched him, and said unto him, Arise and eat.

<sup>6</sup> And he looked, and, behold, there was a cake baken on the coals, and a cruse of water at his head. And he did eat and drink, and laid him down again.

## Lesson Introduction:

'Losing it?' is used metaphorically, not according to its literal meaning. It is a question that one can ask someone who is behaving strange, feels dejected and withdrawn.

Someone who feels the whole world is closing in on him and could not handle the situation again. Prophet Elijah felt like this in today's bible reading and that was why he asked God to kill him – 1 Kings 19:4

# LEADER'S DIARY

## Lesson Aim:

To make members understand that facing challenges should not bring depression or lack of confidence in God's ability.

## Teaching Objectives:

At the end of the lesson, members should be able to know:

- ??what it mean to lose it.
- ??the way out.

## Text Review: 1 Kings 19:4-6

- a. A frustrated soul's desire is death – Vs 4.
- b. Only divine communication can ease the pain of a dejected life.
- c. The touch of God will make a positive difference – Vs 5.
- d. Spiritual food can end depression and bring satisfaction – Vs 6.

### **Teaching Method:**

Use interactive method.

### **Time Management:**

Share the teaching time using the suggested time schedule.

## **Lesson Outline One: WHAT DOES IT MEAN TO LOSE IT?**

- i. To find no meaning in existence – Matthew 27:3-5.
- ii. Believing there is no answer to a damaging situation – I Kings 19:1-4.
- iii. To see no fruitful future and living a condemned life – John 4:9-12.
- iv. To have believed all efforts exhausted but no positive results.

### **EXAMPLES OF THOSE WHO THINK THEY HAVE LOST IT**

- i. Lonely people, they laugh on social media but soak their pillow with tears.
- ii. Poor and those that lack comfort.
- iii. The abandoned and the forgotten – John 5:7.
- iv. The sick, the bereaved – Ruth 1:20.
- v. Those experiencing constant failure in business, career, marriage, ministry.
- vi. The barren – Genesis 30:1.

## **Lesson Outline Two: WAY OUT**

- i. Acknowledge that you have problem – Matthew 8:2.
- ii. Speak out by seeking for God's help – Mark 10:47-48.

iii. Embrace the comfort the name of Jesus gives by giving Him a chance in your life – Proverbs 10:18

iv. Look out for others in the same situation and help – II Kings 7:8-10

v. Put your trust in God that He will not abandon you – Heb. 13:5; Prov. 3:5-6.

### **Activity:**

Discuss the trauma Elijah faced after the threat from Jezebel and the way out.

### **SUMMARY:**

You may think you are having the worst moment of your life, but if you get to know what others are going through, you will thank God for the gift of life.

You may not have gotten what you desire or you may be going through the worst moment of life, just continue to strive hard, it is just a matter of time, that problems will cease and you will get there in Jesus name.

## **CONCLUSION: RCCG House Fellowship Leaders Manual 14 April 2024**

“Can a woman forget her sucking child, that she should not have compassion on the son of her womb? yea, they may forget, yet will I not forget thee.” Isaiah 49:15.

### **PRAYER POINTS**

1. ???Father, help us to trust You in every challenging situation.
2. ???As you stepped in into Elijah’s case, Father, step in my case and help me.
3. ???You ended the issue of blood miraculously; end all our challenges, Lord.
4. ???Pray for the all-round growth of RCCG.
5. ???Personal Request.

### **GOLDEN DIET FOR THE WEEK**

MONDAY: Isaiah 49:15-16.

TUESDAY: Job 14:7, 14:14.

WEDNESDAY: Proverbs 3:3-6.

THURSDAY: Hebrews 13:5; Psalms 27:10.

FRIDAY: Isaiah 30:21.

SATURDAY: Luke 5:4-6.

SUNDAY: Luke 1:37.

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