

RCCG Sunday School Students Manual Lesson 19: 11 January 2026

Description

RCCG Sunday School Student manual for the adult class.

Todayâ??s Lesson 19 topic: MAINTAIN EXCELLENCE

Date: 11 January 2026

Read:

- **RCCG Sunday School Teachers Manual Lesson 19**
- **Open Heaven 11 January 2026 Devotional**



Note: Check **RCCG SUNDAY SCHOOL HYMN LYRICS**

RCCG SUNDAY SCHOOL STUDENT MANUAL LESSON 19 (11 JANUARY 2026)

TOPIC: MAINTAIN EXCELLENCE

BIBLE PASSAGE: Daniel 6:1-4

1 It pleased Darius to set over the kingdom an hundred and twenty princes, which should be over the whole kingdom;
2 And over these three presidents; of whom Daniel was first: that the princes might give accounts unto them, and the king should have no damage.
3 Then this Daniel was preferred above the presidents and princes, because an excellent spirit was in him; and the king thought to set him over the whole realm.
4 Then the presidents and princes sought to find occasion against Daniel concerning the kingdom; but

they could find none occasion nor fault; forasmuch as he was faithful, neither was there any error or fault found in him.

MEMORY VERSE:

â??Wherefore let him that thinketh he standeth take heed lest he fall.â?• 1 Corinthians 10:12.

INTRODUCTION

Reaching the top in any area of life whether in spiritual growth, career, ministry, relationships, etc. is a great achievement. However, staying at the top requires as much dedication as it took to get there (1 Corinthians 9:24-27). Without diligence and balance, one can easily slip from a place of excellence. In this lesson, we will explore how to maintain excellence.

LESSON OUTLINE 1: BIBLICAL SOURCE

A. The Bible establishes excellence as a core value rooted in Godâ??s nature (Job 37:23). For instance:

i. God demonstrated excellence by creating the world with order, purpose and beauty (Genesis 1:31).

ii. As Godâ??s children, we are called to imitate Him in all things, excellence inclusive (Ephesians 5:1).

B. Excellence is linked with wisdom (Daniel 5:14) and moral integrity (Daniel 6:2-3).

i. Daniel and Joseph showed excellence in their character and work and these opened doors for them to serve God and others in positions of influence (Daniel 1:8, 20; Genesis 39:7-9).

ii. Thus, the biblical foundation for excellence not only glorifies God but also reflects His transformative power in a believerâ??s life (Daniel 5:11-12).

CLASS ACTIVITY 1:

Mention how an individual can attain excellence.

LESSON OUTLINE 2: THE METHODS

Excellence is not achieved overnight; it requires thoughtful approaches and strategies to preserve and sustain it. The following are some ways to safeguard excellence.

1. Stay anchored in Godâ??s purpose. When we stay grounded in Godâ??s resolve for our lives, we avoid pride and worldly distractions (Luke 12:16-21).

2. Pray, study the word, and listen to the Holy Spirit as He leads in every step. This is important (Mark 13:33; 2 Peter 1:10).

3. Set boundaries in every area: work, family, ministry, and personal growth. Prioritising balance in your daily life helps to avoid burnout (Ecclesiastes 3:1; Ecclesiastes 4:6). This is because true excellence includes caring for your physical body, as it is the temple of the Holy Spirit (Corinthians 6:19-20).

4. Maintain healthy relationships (1 Timothy 6:18).

5. Stay humble: Be open to learning and improving yourself (James 4:6; Proverbs 11:14).

6. Use your position to serve others with a heart of compassion (Philippians2:3-4).

7. Mentor those who are coming up behind you. Share your knowledge and resources, and encourage others in their journey (2 Timothy 2:2; Matthew 20:28).

8. Remain diligent and vigilant (1 Corinthians 10:12). Avoid laziness or overconfidence, and keep pressing forward, knowing that excellence is a continuous journey (Proverbs 12:24).

9. Renew your commitment to excellence, set new goals and seek ways to grow spiritually, professionally, and personally (Philippians 3:12-14).

CLASS ACTIVITY 2:

The class should discuss if it is possible to be faultless like Daniel.

CONCLUSION: RCCG Sunday School Students Manual 11 January 2026

Maintaining excellence requires balance, humility, focus and a heart anchored in Godâ??s purpose.

ASSIGNMENT: RCCG Sunday School Students Manual Lesson 19

Students should identify five (5) methods through which they can safeguard excellence (2Ã?5=10 Marks).

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