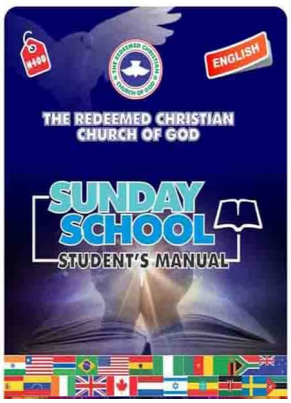

RCCG Sunday School Students Manual Lesson 30: 29 March 2026

Description

RCCG Sunday School Student manual for the adult class.

Todayâ??s Lesson 30 topic: SEASONS OF LIFE

Date: 29 March 2026

Read:

- **RCCG Sunday School Teachers Manual Lesson 30**
- **Open Heaven 29 March 2026 Devotional**

Note: Check **RCCG SUNDAY SCHOOL HYMN LYRICS**

RCCG SUNDAY SCHOOL STUDENT MANUAL LESSON 30 (29 March 2026)

TOPIC: SEASONS OF LIFE

BIBLE PASSAGE: Ecclesiastes 3:1-8

1 To every thing there is a season, and a time to every purpose under the heaven:
2 A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted;
3 A time to kill, and a time to heal; a time to break down, and a time to build up;
4 A time to weep, and a time to laugh; a time to mourn, and a time to dance;
5 A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing;

6 A time to get, and a time to lose; a time to keep, and a time to cast away;
7 A time to rend, and a time to sew; a time to keep silence, and a time to speak;
8 A time to love, and a time to hate; a time of war, and a time of peace.

MEMORY VERSE:

â??To every thing there is a season, and a time to every purpose under the heaven.â?• Ecclesiastes 3:1.

INTRODUCTION

There are seasons of life. We must all admit that seasons of our lives will continue to change for as long as the Lord keeps us alive to witness them (Genesis 8:22).

We will, therefore, be wise if we constantly remind ourselves that no matter what we are passing through, there will be a change because change in life is constant.

Accepting this obvious fact once and for all will make us enjoy life itself. It is, therefore, important for us to understand Godâ??s role and how to live consciously.

LESSON OUTLINE 1: GODâ??S ROLE

From the very beginning of the creation of this earth, the Almighty God Himself made sure that there was balance (not uniformity) in His creation:

1. He made light and darkness, day and night, male and female, etc. (Genesis 1:5, 27).

2. The differences in creation eradicated potential boredom. Can you imagine a world in which man experiences only darkness?

All these different seasons are what make life interesting (Ecclesiastes 3:11).

1. The season of joy comes when we celebrate success, victory, breakthrough, promotion, good achievements, etc. (Psalm 118:24).

2. The season of sorrow causes sadness, grief and lamentations as a result of loss, failure, defeats, demotion, betrayal, etc. (Psalm 116:3).

3. A season of abundance comes with so much available to use and even share (Isaiah 7:22; 1 Kings 10:27) with others.

4. One can also experience a season of lack and struggle (2 Kings 6:25-30).

5. A season of health comes with physical fitness and a sound mind (Psalm 105:37; Genesis 43:28).

6. Season of sickness can be filled with pain, ache, and discomfort (2 Kings 20:1; John 11:1-3).

Other seasons may include:

1. A season of progress and a season of stagnation (Exodus 14:1-3, 13-16).

2. A season of growth and a season of deterioration (Genesis 41:29-31).

3. A season of strength and a season of weakness (1 Kings 19:1-3).

4. A season of answered prayers and a season of waiting/unanswered prayers (Job 14:14-15; 2 Corinthians 12:9.

CLASS ACTIVITY 1:

Discuss why you think God allows varying seasons.

LESSON OUTLINE 2: LIVE CONSCIOUSLY

Knowing that there are seasons in life gives us hope that no matter the conditions that we are in, there will always be a change (Job 14:14). Therefore,

1. We should not despair if the season we are in is not as bright and as promising as we would have liked it to be (2 Corinthians 4:8).

2. A new season is on its way (Psalm 30:5).

3. The new season will usher in beauty for ashes, unspeakable joy and blessings (Isaiah 61:3).

Believers must prepare for all seasons of life (Job 2:10).

1. Pray for a good season.

2. Always rejoice in the fact that all things (seasons) work together for our good (Romans 8:28).

CLASS ACTIVITY 2:

With a relevant scripture, students should assure one another that a bad season will not be forever.

CONCLUSION: RCCG Sunday School Students Manual 29 March 2026

Believers are not immune to negative seasons but are blessed with the assurance of Godâ??s presence even when it does not look or feel like it (Isaiah 35:4).

ASSIGNMENT: RCCG Sunday School Students Manual Lesson 30

Mention five (5) seasons that people go through in life (2Ã?5=10 Marks).

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