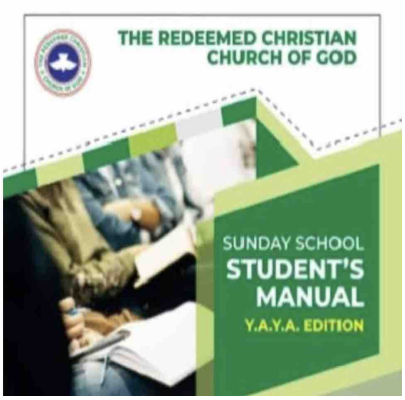


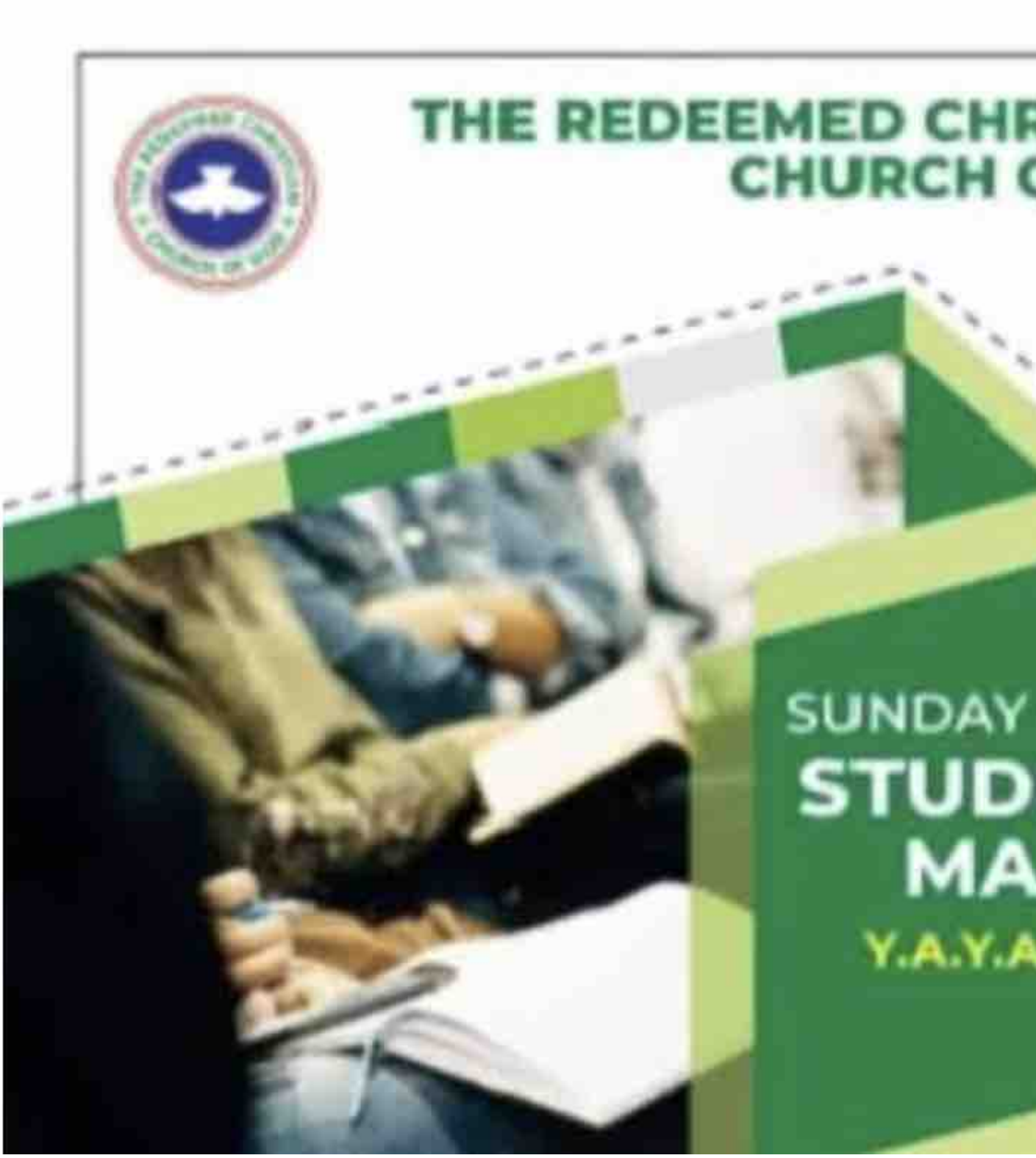
RCCG YAYA Sunday School Students Manual Lesson 8: 25 October 2026

Description

This is the Redeemed Christian Church of God (RCCG) Sunday School Studentâ??s manual for Youths and Young Adults (YAYA).

Todayâ??s lesson 8 topic is EFFECTIVE PRAYER

Read:
RCCG YAYA Sunday School Teachers Manual Lesson 8
RCCG Sunday School Students Manual Lesson 8
Open Heaven 25 October 2026 Devotional



RCCG YAYA SUNDAY SCHOOL STUDENT MANUAL LESSON 8 (25 OCTOBER 2026)

TOPIC: EFFECTIVE PRAYER

BIBLE PASSAGE: James 5:16-18

16 Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.
17 Elias was a man subject to like passions as we are, and he prayed earnestly that it might not rain: and it rained not on the earth by the space of three years and six months.
18 And he prayed again, and the heaven gave rain, and the earth brought forth her fruit.

MEMORY VERSE:

â??The LORD is far from the wicked, But He hears the prayer of the righteous.â?• Proverbs 15:29 (NKJV)

LESSON INTRODUCTION

To be effective means to be successful in producing a desired result. Prayer is the act of communicating with God through words, thoughts, or actions to express thanks, praise, requests, confessions, etc. Effective prayer, therefore, means to communicate successfully to God what is intended and get the anticipated result. It is powerful (James 5:16b), and centred on Godâ??s will (Philippians 4:6; 1 John 5:14).

LESSON OUTLINE 1: THE KEYS AND HINDRANCES

A. Some of the keys to praying effectively are listed below:

i. Uprightness: God delights in the prayers of the upright, that is, one who is saved and righteous (Proverbs 15:8).

ii. Godâ??s Word: Effective prayer involves praying the word of God (John 15:7).

iii. Obedience: Obeying divine instructions and taking faith-based actions are keys to praying effectively (1 Kings 17:8-14; Luke 17:11-14).

iv. A Heart of Love: Prayer from a heart that is rooted in love avails much (Matthew 8:5-8, 13). It is difficult to pray for others if it is not coming from the place of love (Matthew 5:44-46).

v. Persistence: Praying ceaselessly and maintaining a right relationship with God can move mountains (John 16:23-24).

B. Some of the hindrances to effective prayer include:

i. Disobedience (Proverbs 28:9).

ii. Wrong motives (James 4:3).

iii. Lack of faith or doubt (Hebrews 11:6; James 1:6-7).

iv. Unforgiving attitudes (Mark 11:25).

v. Ignoring the needy or the poor is also a barrier to effective prayer (Proverbs 21:13).

CLASS ACTIVITY 1:

Students should discuss which of the hindrances to effective prayer they have experienced and how to overcome them.

LESSON OUTLINE 2: THE KINDS

A. Prayer of Faith: This is a powerful kind of prayer rooted in deep confidence that God hears and answers prayer (Mark 11:24). It is also based on the demand of your rights and privileges in Christ (John 14:12-14; James 5:15). It involves applying your knowledge of God to get results through prayer (Hebrews 11:6).

B. Prayer of Consecration: This is a prayer to be set apart or dedicated for a holy cause (John 17:17-19). It involves presenting your whole self; your mind, body, and will to Godâ??s plans (Leviticus 20:7). Prayer of consecration is not a one-time event but must be life-long, demonstrating a willingness to continuously yield to Godâ??s will, like Jesus did (Luke 22:42). Believers are called to offer themselves as a living sacrifice to God (Romans 12:1).

C. Prayer of Intercession: This is standing in the gap on behalf of others to change a situation or course of events (Exodus 32:11-14). In His final prayer, Jesus prayed to the Father not only for His disciples but also for the unity of all future believers (John 17:18-21). The Holy Spirit intercedes for believers, helping us in our weakness when we do not know how to pray (Romans 8:26-27). Hebrews 7:25 emphasises that Christ, our High Priest, continually makes intercession for our ultimate salvation.

D. Prayer of Supplication: Supplication involves approaching God with a plea for help or to make requests, rather than making demands (Philippians 4:6-7). Believers approach Godâ??s throne of grace with confidence to receive mercy and help in times of need (Hebrews 4:16). Supplication is seen as a vital part of a Christianâ??s spiritual walk (Ephesians 6:18). It should be accompanied with thanksgiving (Philippians 4:6). Supplications can be made for oneself (Philippians 4:6), other Saints (James 5:16), those in authority and the unsaved (1 Timothy 2:1-4).

CLASS ACTIVITY 2:

Students should share an experience where they engaged in one of these kinds of prayer and God answered.

CONCLUSION: RCCG YAYA Sunday School Students Manual 25 October 2026

You too can pray and get results.

QUESTIONS:

1. What are the keys to effective prayer?

2. Mention the four kinds of prayers that you know.

FURTHER READINGS:

SUN: Mark 11:24. MON: Philippians 4:6. TUE: 1 John 5:14. WED: 2 Chronicles 7:14. THUR: James 5:16. FRI: 1 John 1:9. SAT: Hebrews 4:16.

ASSIGNMENT: RCCG YAYA Sunday School Students Manual Lesson 8

Using your understanding of the keys of effective prayers, list five (5) areas you can and will engage the prayer of intercession for your family, friends and nation this week (2X5=10 marks).

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