



RCCG Sunday School Students Manual Lesson 34: 26 April 2026

Description

RCCG Sunday School Student manual for the adult class.

Today's Lesson 34 topic: THE MARRIAGE BED.

Date: 26 April 2026

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RCCG SUNDAY SCHOOL STUDENT MANUAL LESSON 34 (26 APRIL 2026)

TOPIC: THE MARRIAGE BED

BIBLE PASSAGE: Genesis 49:1-4

1 And Jacob called unto his sons, and said, Gather yourselves together, that I may tell you that which shall befall you in the last days.

2 Gather yourselves together, and hear, ye sons of Jacob; and hearken unto Israel your father.
3 Reuben, thou art my firstborn, my might, and the beginning of my strength, the excellency of dignity, and the excellency of power:
4 Unstable as water, thou shalt not excel; because thou wentest up to thy father's bed; then defiledst thou it: he went up to my couch.

MEMORY VERSE:

Marriage is honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge. • Hebrews 13:4.

LESSON INTRODUCTION

Simply put, the "marriage bed" is a "divan" that married people share. It describes the sacredness of the sexual intimacy between husband and wife. Ideally, it is a place of genuine love, faithfulness, longing and mutual satisfaction between husband and wife (Song of Solomon 1:15-16).

Hebrews 13:4 declares that the marriage institution must be highly valued and the "marriage bed" (the couple's sexual relationship) must be held in honour and not contaminated through sexual immorality because God will judge and punish the unchaste and adulterous. Faithfulness in marriage is important.

LESSON OUTLINE 1: UNHOLY ALLIANCE

The marriage bed will be defiled when the couple become unfaithful in their union (Hebrews 13:4).

A. This impurity may stem from:

- i. Being involved in any form of adultery which Proverbs 6:32 depicts as a lack of understanding and destruction to the soul.
- ii. Acts of fornication (1 Corinthians 10:8a).
- iii. Extramarital sex with another person apart from one's legal spouse and involvement in any form of sexual immorality (Romans 1:27-28; Leviticus 18:6, 17, 20, 23).

B. Other sexual vices that corrupt the marriage relationship include:

- i. Lustful thoughts and actions which defile the marriage bed (1 Peter 2:11; Matthew 5:28; Proverbs 6:25-29).
- ii. Exposure to sexually illicit materials (Ephesians 5:5).
- iii. Roving eyes that are full of unhallowed sexual activities (2 Peter 2:14; Proverbs 6:25b).
- iv. Swift feet which hasten to destruction (Proverbs 7:10-12).

- v. Flirting (2 Timothy 3:13).
- vi. Emotional cheating such as telephone sex/phone intimacy with the opposite sex (Romans 6:12-14).
- vii. Suggestive sexual moves that attract temptations (Proverbs 7: 16-19).

CLASS ACTIVITY 1:

What other actions among married people would represent an unholy alliance in marriage?

LESSON OUTLINE 2: KEEP IT PURE

God frowns at any form of infidelity in marriage (Hebrews 13:4b). Thus, the onus lies on married people to keep the sanctity of their marriage bed (1 Corinthians 7:2-5).

- i. A couple should discuss any untoward sexual pressure from a third party and seek godly counsel if necessary (Proverbs 11:14).
- ii. They must be sincere in pointing out any sexual dissatisfaction experienced in their sexual affairs and wisely work at making it better (Ecclesiastes 4:9-10).
- iii. Deliberately learn and grow your sexual intimacy together in the fear of God.
- iv. Be a united force and uproot any stranger to your marriage bed (Proverbs 5:3-6).
- v. Enjoy what you have and be content with your spouse (Proverbs 5:15).

Other ways include:

- 1. Fleeing from seductive influencers and lust (1 Thessalonians 4:3-5).
- ii. Renewing your mind with God's word (Psalm 119:11).
- iii. Practising self-control (Proverbs 25:28).
- iv. Always remember that the pleasure of sin is for a moment but the consequences are grave (Proverbs 20:17)
- v. Evading the wrath of God and abstaining from sexual infidelity because God will not hold anyone guiltless (1 Corinthians 6:9; Proverbs 6:29).
- vi. Avoiding toxic friends/relationships (Proverbs 1:10; 13:20).

CLASS ACTIVITY 2:

How do you handle an unavoidable persistent toxic person who is demanding sexual affair with you?

CONCLUSION: RCCG Sunday School Students Manual 26 April 2026

The sexual activities of married people must remain sacred as the partners remain faithful to each other irrespective of time or distance.

ASSIGNMENT: RCCG Sunday School Student Manual Lesson 34

Identify two (2) unholy alliances that can defile the marriage bed (No Marks).

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