

RCCG Sunday School Teachers Manual Lesson 34: 26 April 2026

Description

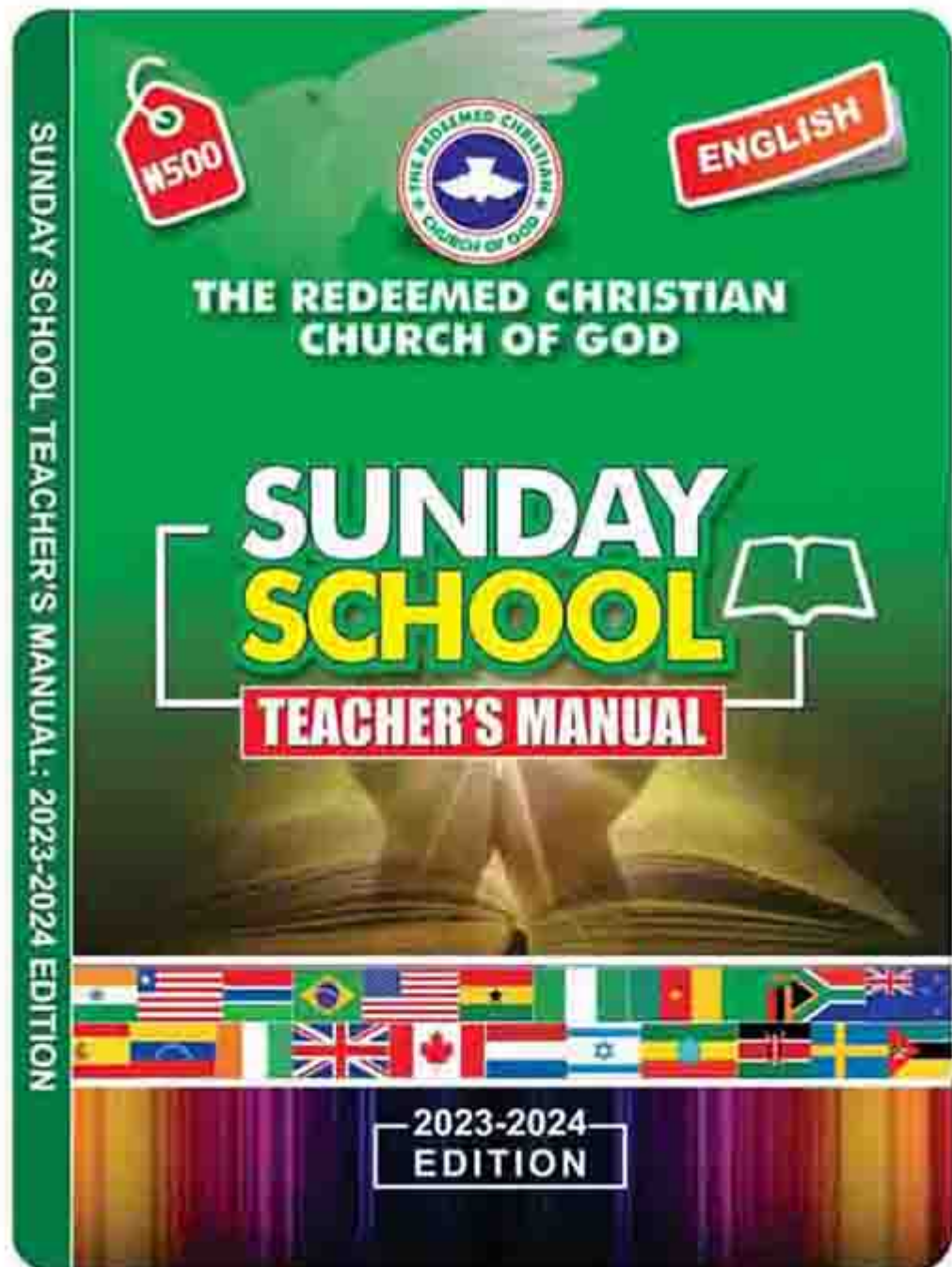
This is RCCG Sunday School Teachers manual for the adult class.

Today's Lesson 34 topic: THE MARRIAGE BED.

Date: 26 April 2026

Read:

- [RCCG Sunday School Students Manual Lesson 34](#)
 - [Open Heaven 26 April 2026 Devotional](#)
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Note: Check [RCCG SUNDAY SCHOOL HYMN LYRICS](#)

RCCG SUNDAY SCHOOL TEACHERS MANUAL LESSON 34 (26 APRIL 2026)

TOPIC: THE MARRIAGE BED

OPENING PRAYER:

Dear Lord, help me to keep my marriage bed holy in Jesus's name.

PREVIOUS KNOWLEDGE:

The teacher should allow the assistant teacher to review the lesson for the previous week.

BIBLE READING

BIBLE PASSAGE: Genesis 49:1-4

- 1 And Jacob called unto his sons, and said, Gather yourselves together, that I may tell you that which shall befall you in the last days.
- 2 Gather yourselves together, and hear, ye sons of Jacob; and hearken unto Israel your father.
- 3 Reuben, thou art my firstborn, my might, and the beginning of my strength, the excellency of dignity, and the excellency of power:
- 4 Unstable as water, thou shalt not excel; because thou wentest up to thy father's bed; then defiledst thou it: he went up to my couch.

MEMORY VERSE:

Marriage is honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge. Hebrews 13:4.

LESSON INTRODUCTION

Simply put, the "marriage bed" is a "divan" that married people share. It describes the sacredness of the sexual intimacy between husband and wife. Ideally, it is a place of genuine love, faithfulness, longing and mutual satisfaction between husband and wife (Song of Solomon 1:15-16).

Hebrews 13:4 declares that the marriage institution must be highly valued and the "marriage bed" (the couple's sexual relationship) must be held in honour and not contaminated through sexual immorality because God will judge and punish the unchaste and adulterous. Faithfulness in marriage is important.

TEACHER'S DIARY

LESSON AIM:

To teach the sacredness of sexual intimacy in marriage.

TEACHING OBJECTIVES:

Through this study, students should be able to:

Define the term “marriage bed.”

Identify unholy alliances that defile the marriage union.

Learn ways to keep the sanctity of their “marriage bed.”

TEACHING PLAN:

To achieve the above-stated objectives, the teacher should:

1. Allow the students to recite the memory verse, read the Bible passage, contribute to the discussion; do class activities and the assignment.
2. Allow the Assistant Teacher to see to the well-being of the class, and mark attendance and assignment.
3. Teach the lesson outline, summarise, conclude, evaluate the lesson and give an assignment.

TEXT REVIEW: Genesis 49:1-4.

This passage highlights Jacob’s final words to his children predicting the future that awaits them.

A. Jacob praised Reuben for being the firstborn.

Identify four positive phrases he uses to describe Reuben in Verse 3.

i. ii. iii. iv.

B. Reuben was condemned by his father for defiling his concubine. Concerning Reuben, Jacob declared:

i. v.

TEACHING METHOD:

The Discussion Method.

TIME MANAGEMENT:

The teacher should apply the two-lesson outline teaching time.

LESSON OUTLINE 1: UNHOLY ALLIANCE

The marriage bed will be defiled when the couple become unfaithful in their union (Hebrews 13:4).

A. This impurity may stem from:

- i. Being involved in any form of adultery which Proverbs 6:32 depicts as a lack of understanding and destruction to the soul.

ii. Acts of fornication (1 Corinthians 10:8a).

iii. Extramarital sex with another person apart from one's legal spouse and involvement in any form of sexual immorality (Romans 1:27-28; Leviticus 18:6, 17, 20, 23).

B. Other sexual vices that corrupt the marriage relationship include:

i. Lustful thoughts and actions which defile the marriage bed (1 Peter 2:11; Matthew 5:28; Proverbs 6:25-29).

ii. Exposure to sexually illicit materials (Ephesians 5:5).

iii. Roving eyes that are full of unhallowed sexual activities (2 Peter 2:14; Proverbs 6:25b).

iv. Swift feet which hasten to destruction (Proverbs 7:10-12).

v. Flirting (2 Timothy 3:13).

vi. Emotional cheating such as telephone sex/phone intimacy with the opposite sex (Romans 6:12-14).

vii. Suggestive sexual moves that attract temptations (Proverbs 7: 16-19).

CLASS ACTIVITY 1:

What other actions among married people would represent an unholy alliance in marriage?

LESSON OUTLINE 2: KEEP IT PURE

The Teacher should use the points below to guide the discussion.

A. God frowns at any form of infidelity in marriage (Hebrews 13:4b). Thus, the onus lies on married people to keep the sanctity of their marriage bed (1 Corinthians 7:2-5).

i. A couple should discuss any untoward sexual pressure from a third party and seek godly counsel if necessary (Proverbs 11:14).

ii. They must be sincere in pointing out any sexual dissatisfaction experienced in their sexual affairs and wisely work at making it better (Ecclesiastes 4:9-10).

iii. Deliberately learn and grow your sexual intimacy together in the fear of God.

iv. Be a united force and uproot any stranger to your marriage bed (Proverbs 5:3-6).

v. Enjoy what you have and be content with your spouse (Proverbs 5:15).

B. Other ways include:

1. Fleeing from seductive influencers and lust (1 Thessalonians 4:3-5).

- ii. Renewing your mind with God's word (Psalm 119:11).
- iii. Practising self-control (Proverbs 25:28).
- iv. Always remember that the pleasure of sin is for a moment but the consequences are grave (Proverbs 20:17)
- v. Evading the wrath of God and abstaining from sexual infidelity because God will not hold anyone guiltless (1 Corinthians 6:9; Proverbs 6:29).
- vi. Avoiding toxic friends/relationships (Proverbs 1:10; 13:20).

CLASS ACTIVITY 2:

How do you handle an unavoidable persistent toxic person who is demanding sexual affair with you?

CONCLUSION: RCCG Sunday School Teachers Lesson 34

The sexual activities of married people must remain sacred as the partners remain faithful to each other irrespective of time or distance.

EVALUATION:

Teachers should ask the students to identify four unholy alliances that can defile the marriage bed and mention three ways couples can keep the marriage bed pure.

CLOSING PRAYER:

Jesus, give me the wisdom and strength to keep my marriage bed pure.

ASSIGNMENT: RCCG Sunday School Teachers Manual 26 April 2026

Identify two (2) unholy alliances that can defile the marriage bed (No Marks).

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